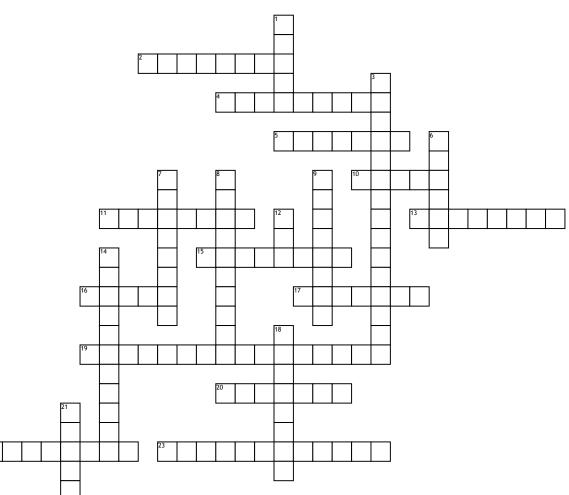
## **1** Great Nutrition



## Across

2. Who does 1 Great Nutrition carry products for? 4. 70% of muscle tissue is made of 5. The owner served in the Navy. He is a 10. Helps the body stay regular. **11.** Full of EGCG's **13.** Gives the body nutrients it may be lacking. **15.** Good for skin, nails and joints. 16. Positive calorie foods are high in \_\_\_\_\_.

**17.** Can help brain function, vision, joints, and lower cholesterol.

**19.** Street on which 1 Great Nutrition is located.

**20.** Heals Muscles

**22.** Most studied supplement.

23. Helps the body work hotter and faster to burn more calories.

## Down

1. Gluten comes from \_\_\_\_\_. 3. Foods the body burns more calories digesting than it gets from it.

6. Gives you bad breath but great for what ails you.

7. Helps to keep us healthy.

8. Used to enhance workouts.

9. Superior anti-inflamatory, cancer fighter and great for the liver.

12. Helps to disrupt the body's ability to store fat.

14. Owner of 1 Great Nutrition

**18.** City in which 1 Great Nutrition is located.

**21.** Important drink for our health.