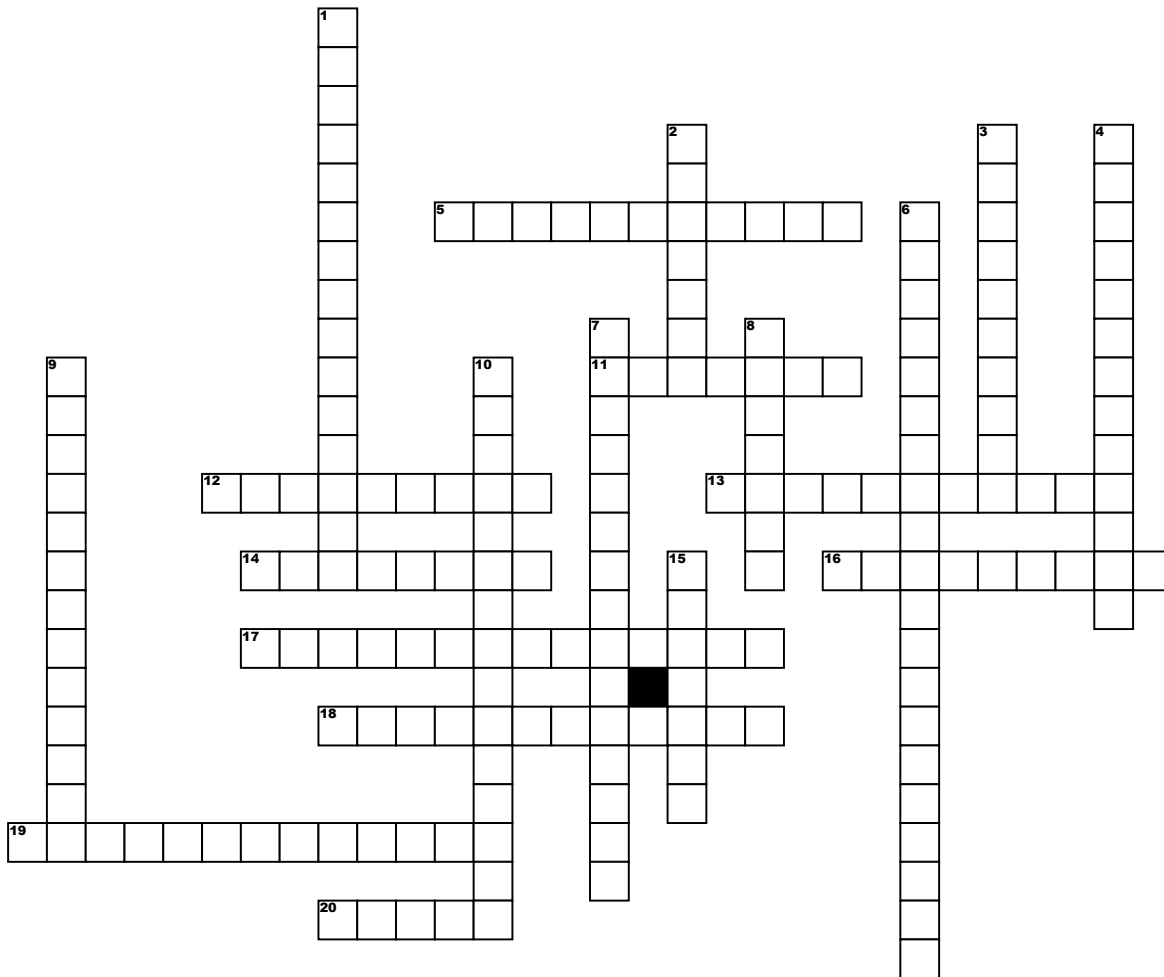


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# 4.02D Life Cycle Nutrition Key Terms



## **Across**

**5.** A reaction to the body's immune system when exposed to protein in foods

**11.** A condition in which there is excessive fat in the body and the BMI is 30 or more

**12.** Producing breast milk

**13.** Abnormal loss of body fluids

**14.** An eating disorder where the person starves themselves

**16.** Foods that have been canned,frozen,or fortified

**17.** Abnormal eating behavior that harms one physically or mentally

**18.** Baby doctor

**19.** A body mass index of 18.5 to 24.9 in an adult

**20.** Unborn baby

## **Down**

**1.** Calculation used to evaluate body shape

**2.** The unit used to measure the amount of energy value in foods

**3.** A condition where a person is 10% or above normal weight or BMI is 25 thru 29.9

**4.** A calculation of a person's weight and height to determine overweight or obesity

**6.** Making gradual changes to your eating habits and activities in order to loose out

**7.** Proportions of bone,muscle,fat and tissue that make up body weight

**8.** The ability to meet physical demands

**9.** Federal agency that enforces standards of quality of meat and poultry

**10.** Severe condition in which the body cannot control blood sugar levels

**15.** A diet that is popular for a short period of time