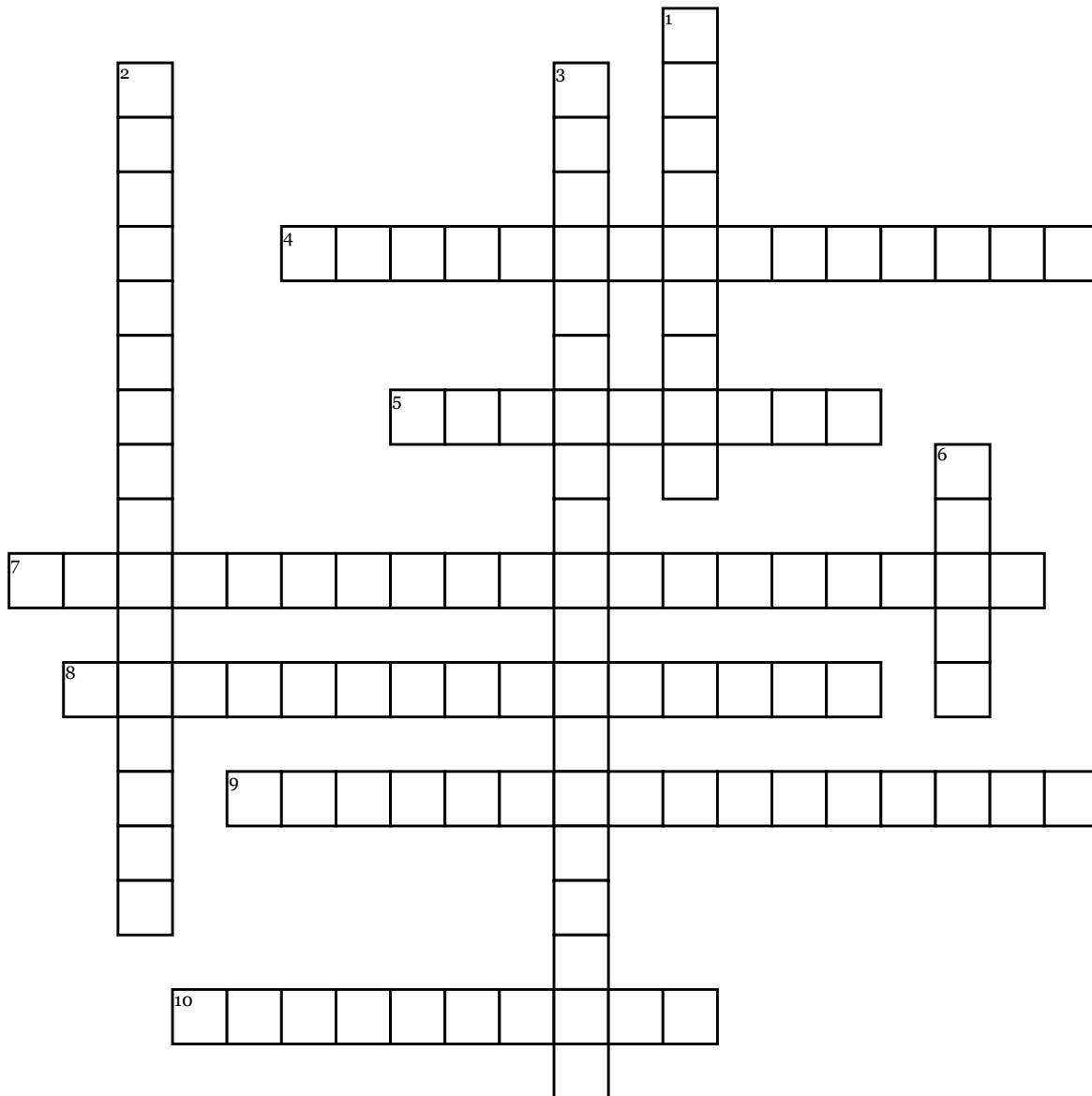


ABDOMINAL REGION



Across

- 4.** Proximal attachment of _____: external surface ribs 5-12
- 5.** A common distal attachment of 3 anterolateral muscles of the abdominal wall
- 7.** A function of rectus abdominis
- 8.** When doing a russian twist, which muscle ipsilaterally contracts?
- 9.** Nerve supply of rectus abdominis?
- 10.** A bodily function of abdominal muscles

Down

- 1.** What is the line between anterior and lateral sides of the abdominal wall called?
- 2.** What is a nerve supply of the muscle that has a proximal attachment to the lower 6 costal cartilages?
- 3.** A distal of this muscle is pectin pubis via conjoint tendon, which muscle is this?
- 6.** True/False: During a plank, erector spinae and latissimus dorsi eccentrically contract while the abdominals concentrically contract.