Name: \_\_\_

## **Activity Sheet Chapter 23**

- 1. Distended capillaries caused by weakening of the capillary walls.
- A. Clay-based masks
- 2. Also known as hydrators or water binding agents; ingredients that attract water
- B. Petrissage
- 3. Caused by an insufficient flow of sebum (oil) from the sebaceous glands.
- C. Tapotement
- 4. Often characterized by comedones, which are caused by hardened masses of sebum formed in the ducts of the sebaceous glands.
- D. Mechanical exfoliants

- 5. Contains special crystals of gypsum, a plaster like ingredient.
- E. Humectants
- 6. Oil-absorbing cleansing mask that have an exfoliating effect and an astringent effect on oily and combination skin, making large pores temporarily appear smaller..
- F. Dry Skin

7. Products used to physically remove dead cell buildup.

- G. Couperose
- 8. Product.s that contain chemicals that either loosen or dissolve dead cell buildup
- H. Oily skin
- 9. Movements consisting of short, quick tapping, slapping and hacking movements.
- I. Modelage masks
- 10. Kneading movement performed by lifting, squeezing, and pressing the tissue with light, firm pressure.
- J. Chemical exfoliants