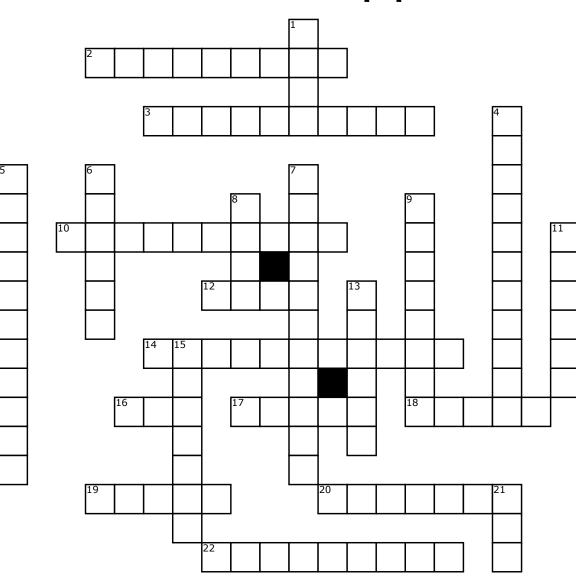
All about apples



Across

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10. hanks to their high levels of boron, apples can help improve your memory, mental alertness, and activity of the brain.

12. Most of the antioxidants found in apples, including quercetin, are located in the ?

14. People who love apples are said to be outspoken, and enthusiastic.16. The average apple has how many seeds?

17. Apples are one of the most popular ? taken with breakfast in the United States.

18. "nature's perfect _____

19. Apples are full of ______ and can help you feel full on fewer calories
20. One of George Washington's hobbies was _____ his apple trees.
22. People who love apples are said to be out____, charismatic and enthusiastic.

<u>Down</u>

1. The average person eats 65 apples a _____.

4. People who love apples are said to be outspoken, and enthusiastic.
5. Apples contain 0 grams of fat or sodium and have no ______

6. Bobbing for apples? 25% of an apples ______ is air, which is why they float

7. I am a green and tart. Who am I? **8.** Most apple blossoms are ______

when they open but gradually transform into white.

9. Who planted the first U.S. apple trees in the Massachusetts Bay Colony.

11. "an apple a day keeps

the_____away

13. It takes the energy of 50 ____

to produce one apple.

- **15.** Apple trees can live to be about years old.
- **21.** We are the apple of whose eye?