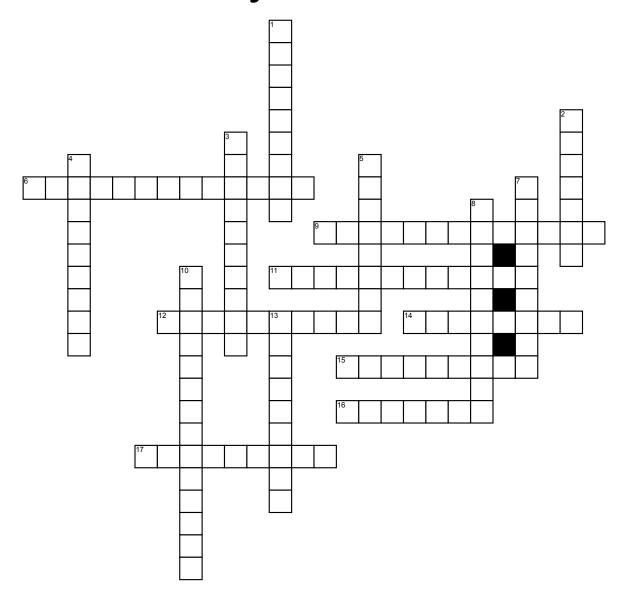
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Anatomy Worksheets



Across

- **6.** Moving a part forward (thrusting the chin).
- **9.** Moving a part so that its end follows a circular path (moving the finger in a circular motion without moving the hand).
- **11.** Bending the foot at the ankle toward the shin (bending the foot upward).
- **12.** Action when thumb touches tip of fingers from the same hand.
- **14.** Moving a part around an axis (twisting the head from side to side). Medial rotation involves movement toward the midline, whereas lateral rotation involves movement in the opposite direction.

- **15.** Moving a part away from the midline (Lifting the upper limb horizontally to form a right angle with the side of the body).
- **16.** Bending parts at a joint so that the angle between them decreases and the parts come close together (bending the lower limb at the knee).
- **17.** Raising a part (Shrugging the shoulders).

Down

- **1.** Moving a part towards the midline.
- 2. Bending the foot at the ankle toward the sole (bending the foot downward). PLANTAR
- 3. Moving a part backward (pulling the chin backward).
- **4.** Turning the hand so the palm is downward.

- **5.** Turning the foot so the sole faces laterally.
- 7. Straightening parts at a joint so that the angle between them increases and the parts move farther apart (Straightening the lower limb at the knee).
- **8.** Turning the hand so the palm is upward.
- **10.** Excess extension of the parts at a joint, beyond the anatomical position (bending the head back beyond the upright position).
- **13.** Turning the foot so the sole faces medially.