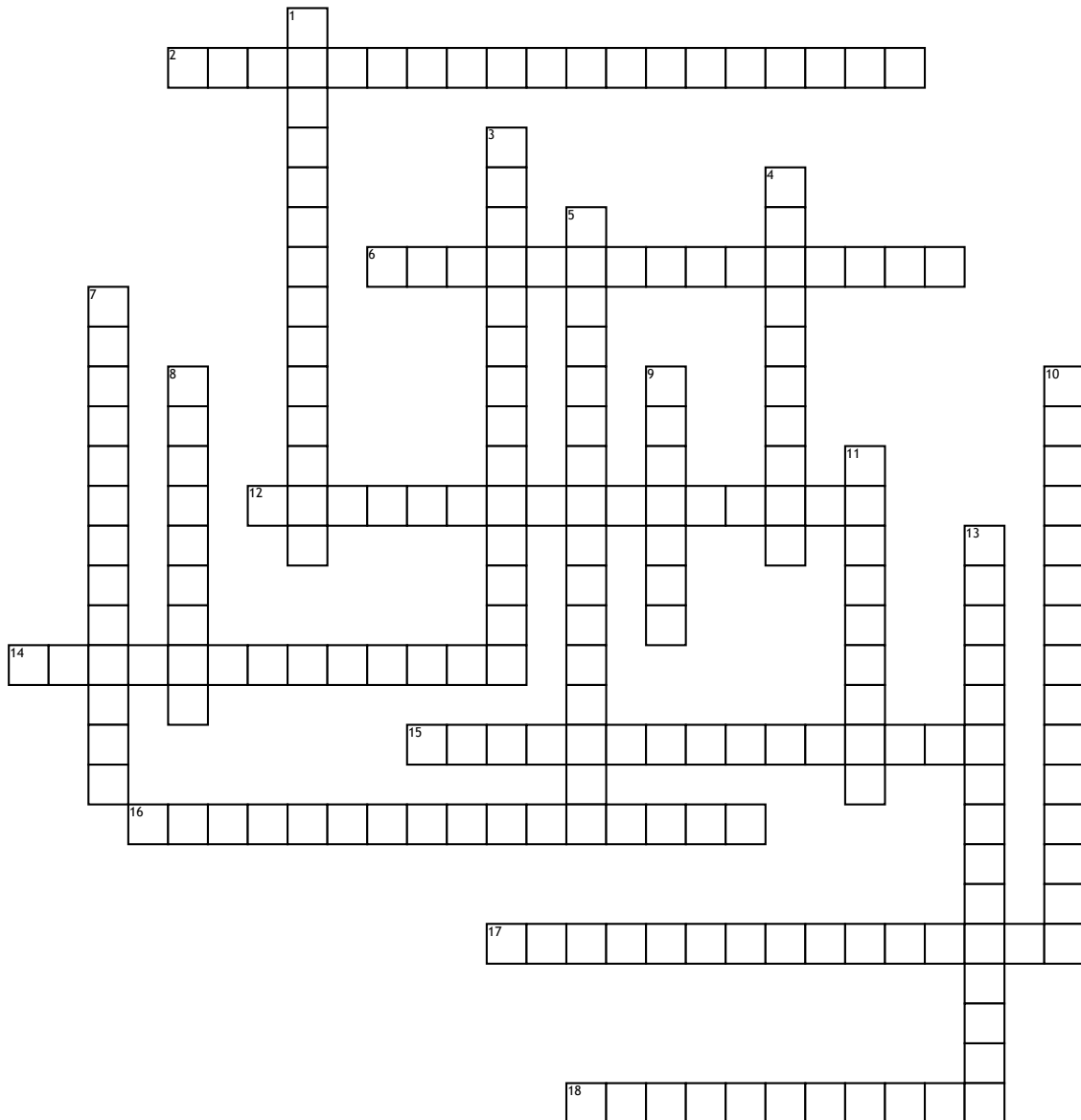


Name: _____

Date: _____

Anterior Muscles Actions



Across

- 2. Flexes neck, rotates head
- 6. Adducts and flexes humerus; also rotates humerus
- 12. Dorsiflexes and inverts foot
- 14. Flexes knee, and extends hip
- 15. Flexes vertebral column

- 16. Flexes and rotates vertebral column

- 17. Closes and protrudes lips

- 18. Raises corners of mouth

Down

- 1. Extends elbow
- 3. Extends at knee and flexes at hips
- 4. Raises jaw
- 5. Closes eyes

- 7. Flexes elbow, also supinates arm

- 8. Extends neck and adducts scapula

- 9. Abducts humerus

- 10. Plantar flexes at knee, also everts foot

- 11. Raises eyebrows

- 13. Extends at knee and flex at hips