

Name: _____ Date: _____

AntiAnxiety Meds Matching Game

1. Antianxiety drugs are historically referred to as? A. Two
2. Why are these medications usually a short term intervention? B. Adaptation
3. What is used for longer-term treatment of anxiety disorders? C. Lethargy
4. What neurotransmitter is highly associated with anti anxiety agents? D. Antidepressants
5. Benzodiazepines may also be used in the management of? E. GABA
6. What other drug treats anxiety disorders that is less dependent and causes less sedation? F. Alcohol withdrawal
7. A paradoxical response is ___ of the desired effect of the drug? G. Opposite
8. Drowsiness, confusion, and ___ are the most common side effects. H. Highly addictive
9. These meds are usually given no longer than how many months? I. Minor tranquilizers
10. Psychotherapy and medications are the main ___ treatment options for anxiety disorders. J. Four
11. Reducing anxiety is essential for learning and ___? K. Caffeine consumption
12. Decreased effects can be noted with cigarette smoking and ___? L. Buspirone