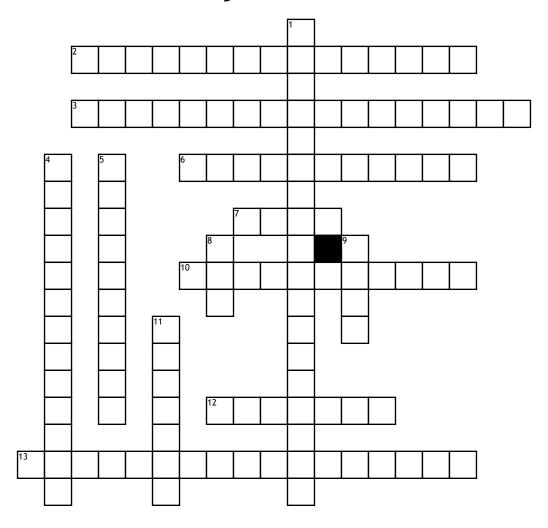
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Anxiety Disorders



Across

- 2. When children have trouble speaking in certain situations but are able to speak fine in other situations.
- **3.** A type of talking therapy used to help patients with OCD.
- **6.** What is the fear of being in places/ situations in which escape may be difficult or impossible?
- **7.** Type of treatment for OCD.
- **10.** Stressed experienced after a traumatic event that typically last anywhere from a few days to a month.
- **12.** The state of dread or uneasiness that occurs in response to a vague or imagined danger.
- **13.** A method of relaxation and consciousness expansion; used as a treatment to help with anxiety.

Down

1. An excessive or unrealistic worry about life circumstances; most commonly under-diagnosed disorder.

- **4.** Recurrent/ unexpected panic attacks.
- **5.** This perspective focuses on the genetic traits passed down through generations.
- **8.** Obsessions or unwanted thoughts, ideas, or mental images that occur consistently.
- **9.** What is the disorder caused by a distressing event outside the range of normal human experience?
- **11.** What is the disorder that involves cycles of mood changes?

Word Bank

OCD Ge
Anxiety Ag
SRIS P1
Cognitive behavior

Generalized Anxiety Acute Stress
Agoraphobia Panic Disorder
PTSD Biological

Selective Mutism Meditation Therapy Bipolar

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