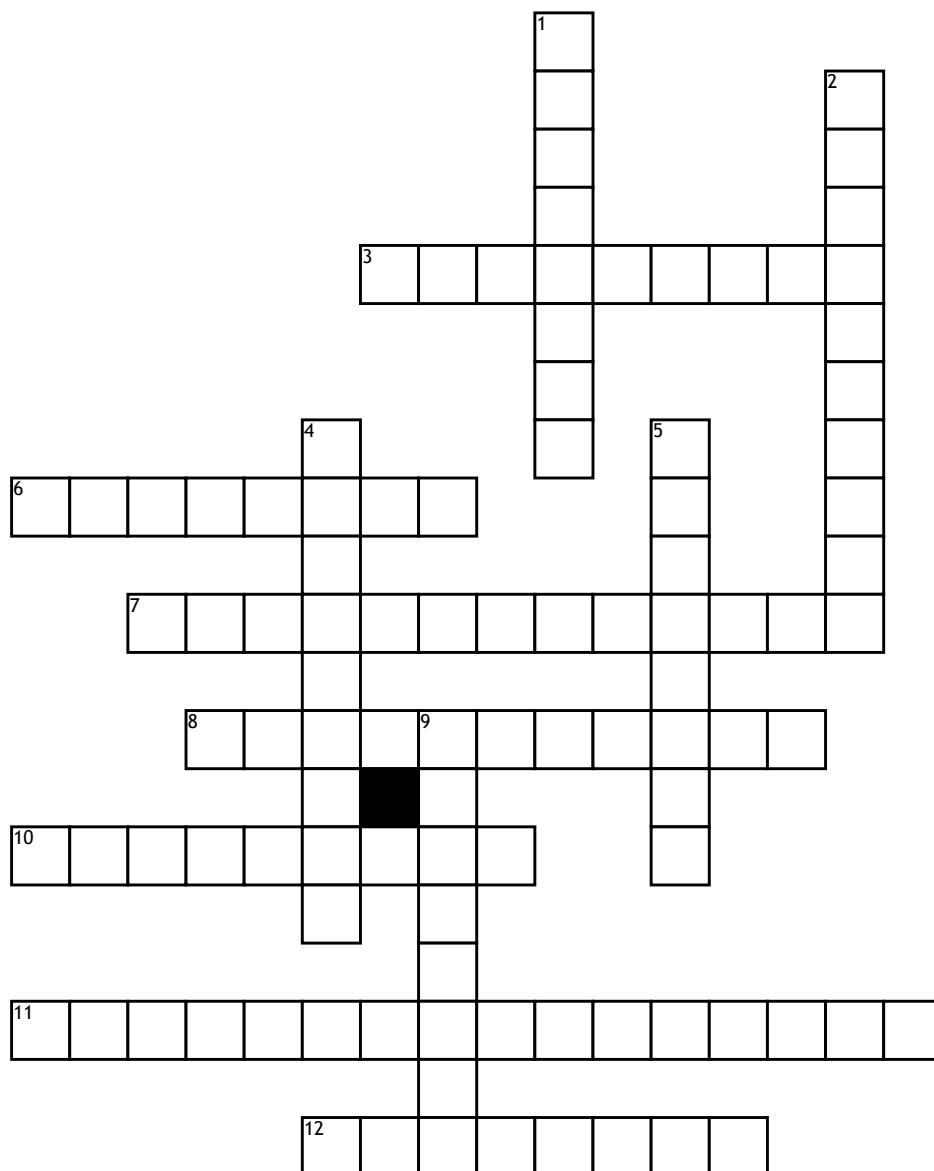


# Anxiety Physical Symptoms



## Across

3. the state of wishing for sleep or rest; weariness

6. a lack of energy and enthusiasm

7. A nonmedical term most often used to describe pain in the mid- or upper abdominal area.

8. a noticeably rapid, strong, or irregular heartbeat due to agitation, exertion, or illness

10. The sensation of spinning around and losing balance

11. rapid or deep breathing

12. pain in any region of the head

## Down

1. feeling inclined to vomit

2. the presence of abnormal pain or discomfort in the chest

4. shaking or quivering, typically as a result of anxiety, excitement, or frailty

5. Exude sweat

9. regularly having problems sleeping.