

Name: _____ Date: _____

Asthma Quiz

1. What causes you to wheeze outdoors every fall?
A. dust mites, feathers, pets
2. What are things you might be allergic to?
B. Post nasal drip
3. What is a mold spore allergy?
C. Mattress cover, damp dusting
4. What is an example of an outdoor allergen?
D. smoke, wood burning stove
5. What is an example of an indoor trigger?
E. Yes
6. Name an asthma irritant
F. Cough, chest tightness
7. Name a nasal allergy problem
G. Dampness causing wheezing
8. Can the flu or a sinus infection trigger asthma attacks?
H. Stuffy runny nose, sneezing
9. How do you reduce dust mites in your home?
I. Pollen, trees, grass or mold
10. Name symptoms of allergic rhinitis
J. Dust, dander, mold, grass.
11. Name early warning signs of asthma
K. What is ragweed allergy