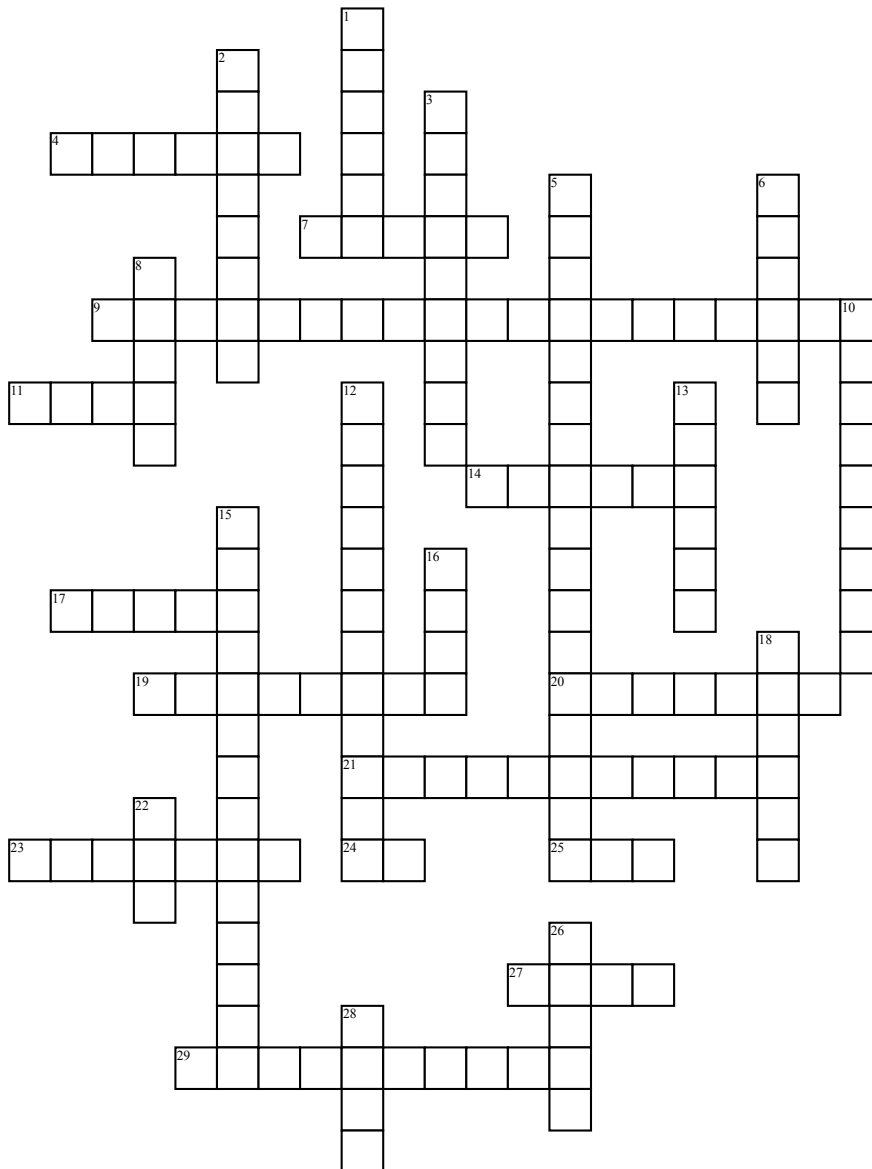


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Asthma



## Across

4. Name one outdoor asthma trigger.
7. If the child is doing well at home and not needing any RESCUE medicine, which "zone" is the child in?
9. There are three changes in the airway during an asthma exacerbation. Albuterol treats which one?
11. True or false: About 19 million people in the US have asthma.
14. Is Albuterol a rescue or controller medication?
17. What National organization are we a certified asthma center through?
19. Is there an increase or decrease in mucus during an asthma exacerbation?
20. Things that can make you asthma worse is called and asthma \_\_\_\_\_.
21. Retractions that are seen between the ribs are known as \_\_\_\_\_ retractions.
23. What is our saying for the fall Tis the season for the \_\_\_\_\_
24. Is there a cure for asthma?

25. When using a spacer with a mask (YELLOW), How many breaths do you take to empty the chamber?

27. Discharge directions for albuterol inhaler is 2-6 puffs every \_\_\_\_\_ hours.

29. Which Pulmonologist loves Spiderman?

## Down

1. The plastic tube that is used to take an inhaler correctly is called a \_\_\_\_\_
2. The whistle type of sound in the chest is also known as \_\_\_\_\_.
3. When using a spacer with a mouthpiece (BLUE), how many seconds do you hold your breath after you inhale the medicine?
5. The asthma condition that occurs when normal asthma therapy is not helping during an asthma exacerbation is called:
6. The instructions that are given to parents on how to treat their child with asthma is called and Asthma \_\_\_\_\_ Plan.

8. If the child is doing well at home and not needing any RESCUE medicine, which "zone" is the child in?

10. The machine that delivers aerosolized medication \_\_\_\_\_

12. Prednisone is given to children in acute asthma exacerbation to treat this in the airway.

13. How often should you clean your spacer?

15. Albuterol is a type of inhaled steroid or bronchodilator?

16. Asthma is a chronic respiratory disease.

18. When a child is showing early warning signs of asthma, what color zone is the child in?

22. When a child is having trouble walking and talking and has a constant cough, what color zone is the child in?

26. What is the number one symptom of asthma?

28. Name one indoor asthma trigger.