

Name: _____

Date: _____

Basic Actions

F E B E A T H B B Q
D K E Q N P E Y E F
A A B R U O P R B Q
E B T O G H Q F Q P
R O B A I C L V Z L
P J P S K L V D D A
S J M T O H R I T S
O Z A M O N I A R D
V E P V C R T Z V H
H X J C R T L E M F

spread roast drain beat boil
heat melt pour cook bake
stir chop fry add