

Name: _____

Date: _____

Beacon BFit

I W J H Z W G U T B R L Q K V Q D S C S S B R P
H I Y O R A N G E H P M C C T G W T W D J Y F F
P A F P E B O H W D X K C F A M I L Y V J O F F
X K Y N S P S H I B M J U M P I N G J A C K S C
N L G R V B U R P E E S C U H V T W D V L G B F
X O P M V F R U I T S K Q W Y M N U L E A C P N
I I G Y N Z E S H S O F J P T T H R H G A N Q A
G U A G B K G Q E G N P M G R E E N B E A N H E
E L N V S I Z U A K M K C Y Y U N V G T G E Y O
X C W G S D W A L F L N I D X M A J D A G V J T
E W M A A M T T T J T R P P S Y V N U B A N L T
R Z E L P J M X H K F I T N E S S X A L P J B D
C E S I P S B Z Y X E M R F D R M A Q E B A A N
I R S F L C A K Y V H M C L V L R C A S G X N R
S G D E E O W X K T A E Y G I F Z I U H L K A K
E D P S F Y A Z P C O D N C D G A E J V V F N C
Z M C T J C T B H A R I R W J S J B G L E Q A Q
I V N Y W Z E U M R D T K O O A V H U F F X M O
D P R L T S R D S R F A C H A N G E P N J A A D
Z F C E D D P T R O M T N N O F P U S H U P S E
D D D Z X Y C F J T N E E L B Y C N F R G G I J
W G I R H D Q N V G N Y R J N J U B E A C O N N
V I Y J W M P T N R U F R V V L Y E E N F M Q R
D M T H W R T A S D V M E I M C Z S R Y N H E F

jumpingjacks

vegetables

greenbean

lifestyle

exercise

meditate

burpees

fitness

healthy

pushups

banana

beacon

carrot

change

family

fruits

orange

Apple

squat

water