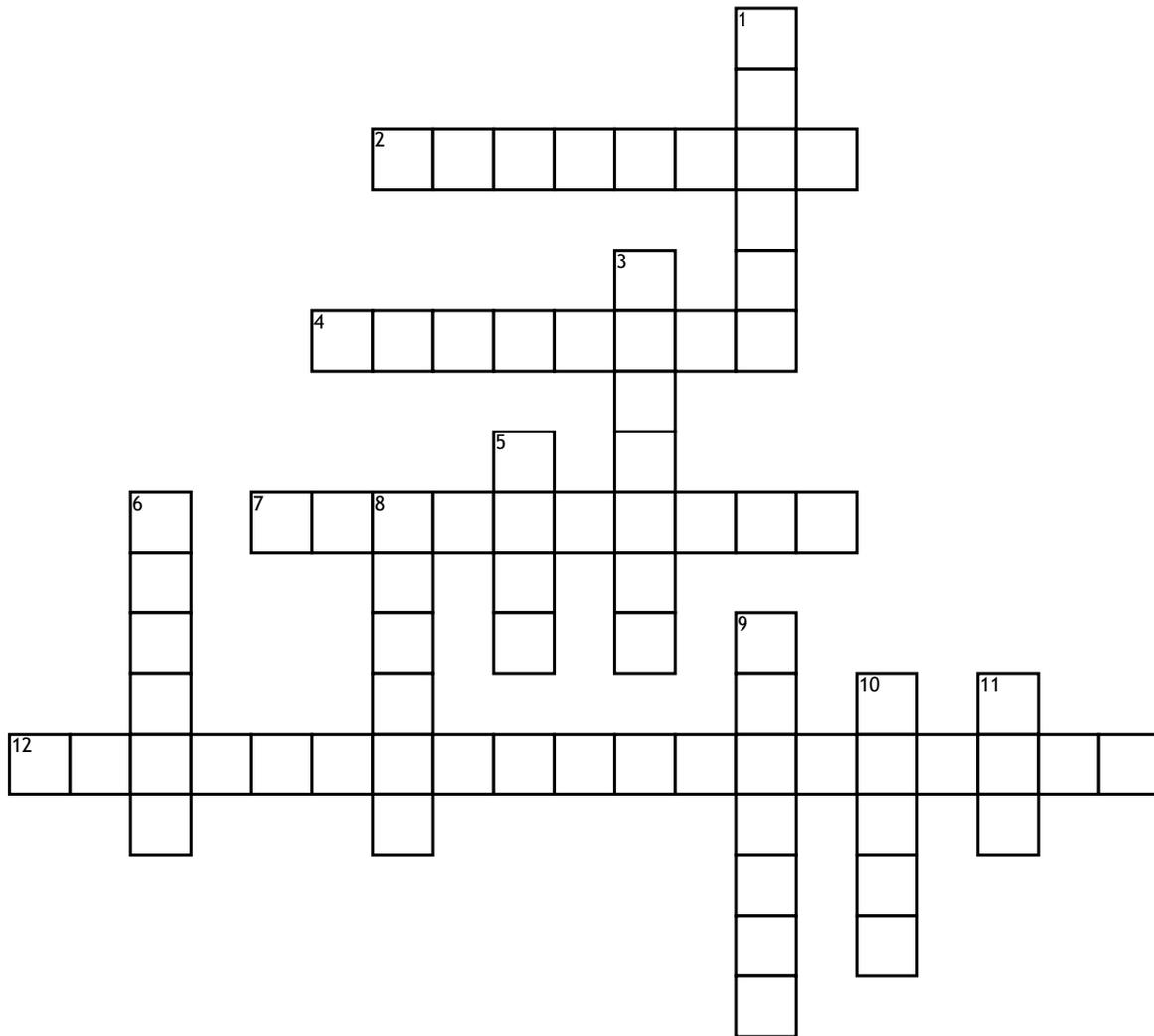


Benefits of Physical Activity



Across

- 2. you can get some
- 4. it can help you to
- 7. helps you with your
- 12. you can gain

Down

- 1. you can learn new
- 3. helps you become
- 5. you can be a part of a
- 6. helps you become more

- 8. you can learn to be a
- 9. you can make new
- 10. can make you feel
- 11. you can be more