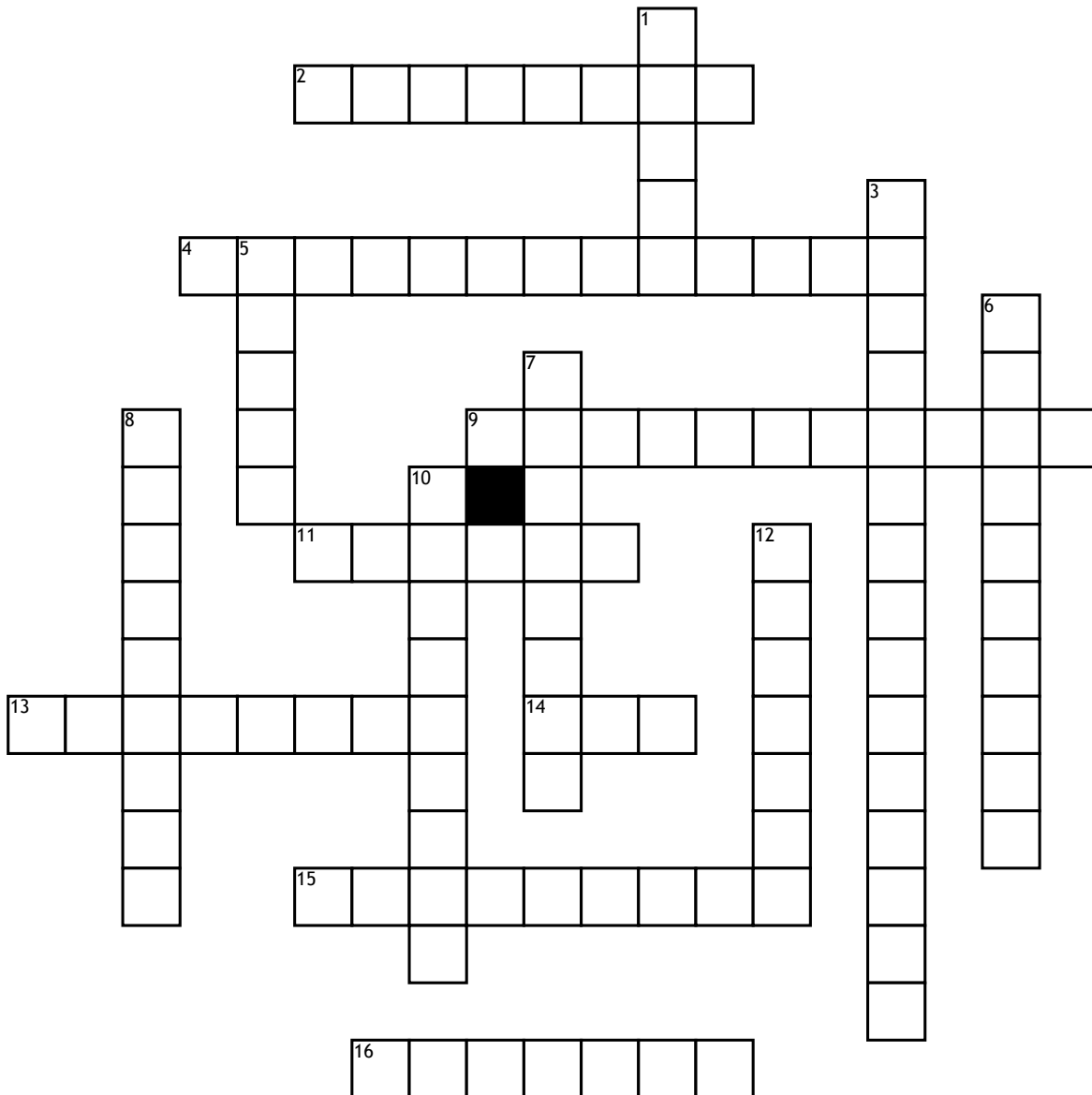


Benefits of quitting



Across

- 2. Becoming a non-smoker, sets a good example for your _____
- 4. Quitting reduces, what?
- 9. It takes 2 weeks to get better _____ after you stop using tobacco.
- 11. When you stop smoking, your risk of _____ decreases
- 13. What is the primary substance in tobacco?

14. How many organs say thank you for quitting?

15. When you quit using tobacco, your _____ gets better.

16. The best way to increase your success.

Down

1. You can add _____ to your life.

3. When you quit, your _____ and _____ increases.

5. Where does the inhaled tar go into?

6. removing nicotine can help lower your _____

7. You can increase your _____ by stopping

8. no more inhaling the 7000 _____ in a lit cigarette.

10. Your sense of smell _____

12. Withdrawal symptoms equals _____