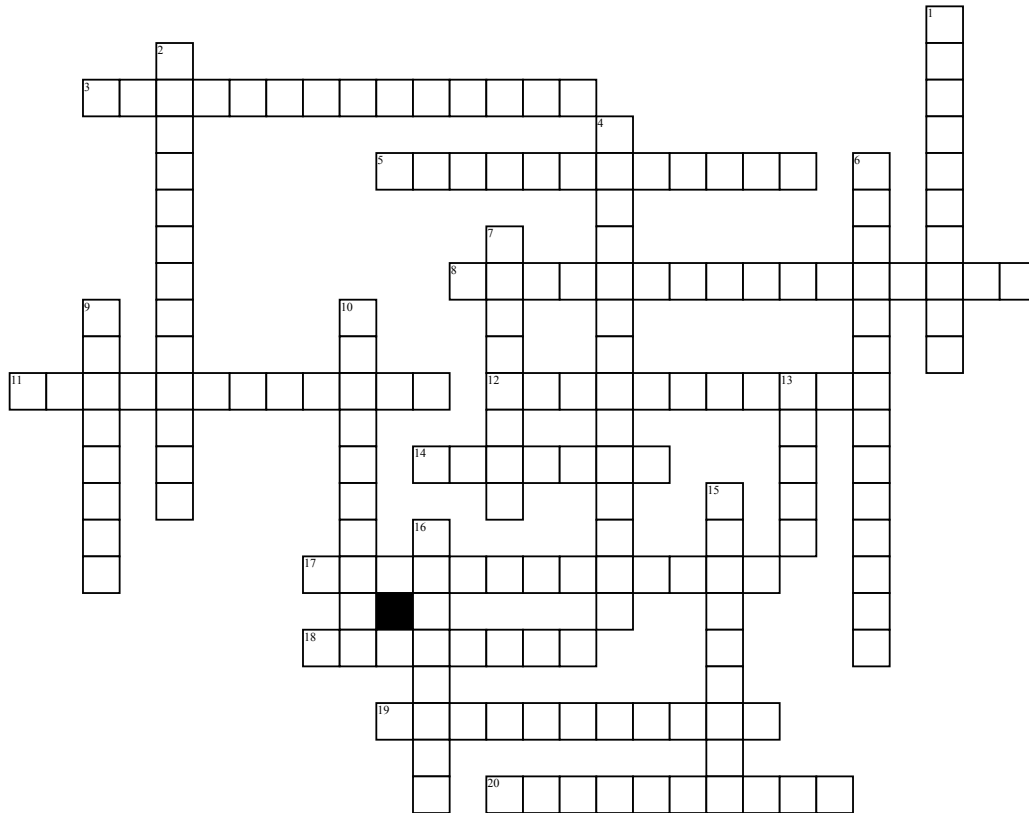


# Bipolar Disorder Crossword!



## Across

3. Grave intensification of acute mania characterized by severe clouding of consciousness  
5. Led by a person with an advanced degree to encourage improvement in interpersonal functioning  
8. An individual is taught control of thought distortions that factor in the development and maintenance of mood disorders  
11. Switch from manic and depressed, 4x in the same year  
12. Small "waves" of mania and depression above and below baseline  
14. Most common drug used to treat bipolar disorder

17. Focuses on relationships within the family. Members are seen as interdependent and the change in one creates a change in all  
18. Difficulty falling asleep; sleeping for only short periods of time  
19. Anticonvulsant drug use to treat bipolar with a risk of Steven-Johnsons syndrome  
20. An intensification in patients with hypomania leading to impairment of function to a level that requires hospitalization

## Down

1. Mania and depression at the same time  
2. Bipolar manic symptoms when an individual's thoughts are racing and they switch topics rapidly when communicating

4. Constructive task for an individual who is manic, like folding towels  
6. Strongly implicated in the development of bipolar disorder  
7. Biggest risk when giving lithium that requires frequent drug level measurement  
9. Depressive states without periods of mania  
10. Most common side effect of valproic acid  
13. An alteration in mood experienced by feelings of elation, grandiosity, hyperactivity, agitation, racing thoughts, accelerated speech  
15. A disturbance not severe enough to cause marked impairment in social or occupational functioning or to require hospitalization  
16. Depressive states with at least 1 period of mania that lasts more than a week

## Word Bank

GeneticFactors	AcuteMania	FamilyTherapy	Bipolar1	MixedState
DeliriousMania	Mania	Insomnia	Toxicity	FlightOfIdeas
Hypomania	Cyclothymic	PhysicalOutlet	CognitiveTherapy	Lithium
GroupTherapy	Lamotrigine	WeightGain	RapidCycling	Bipolar2