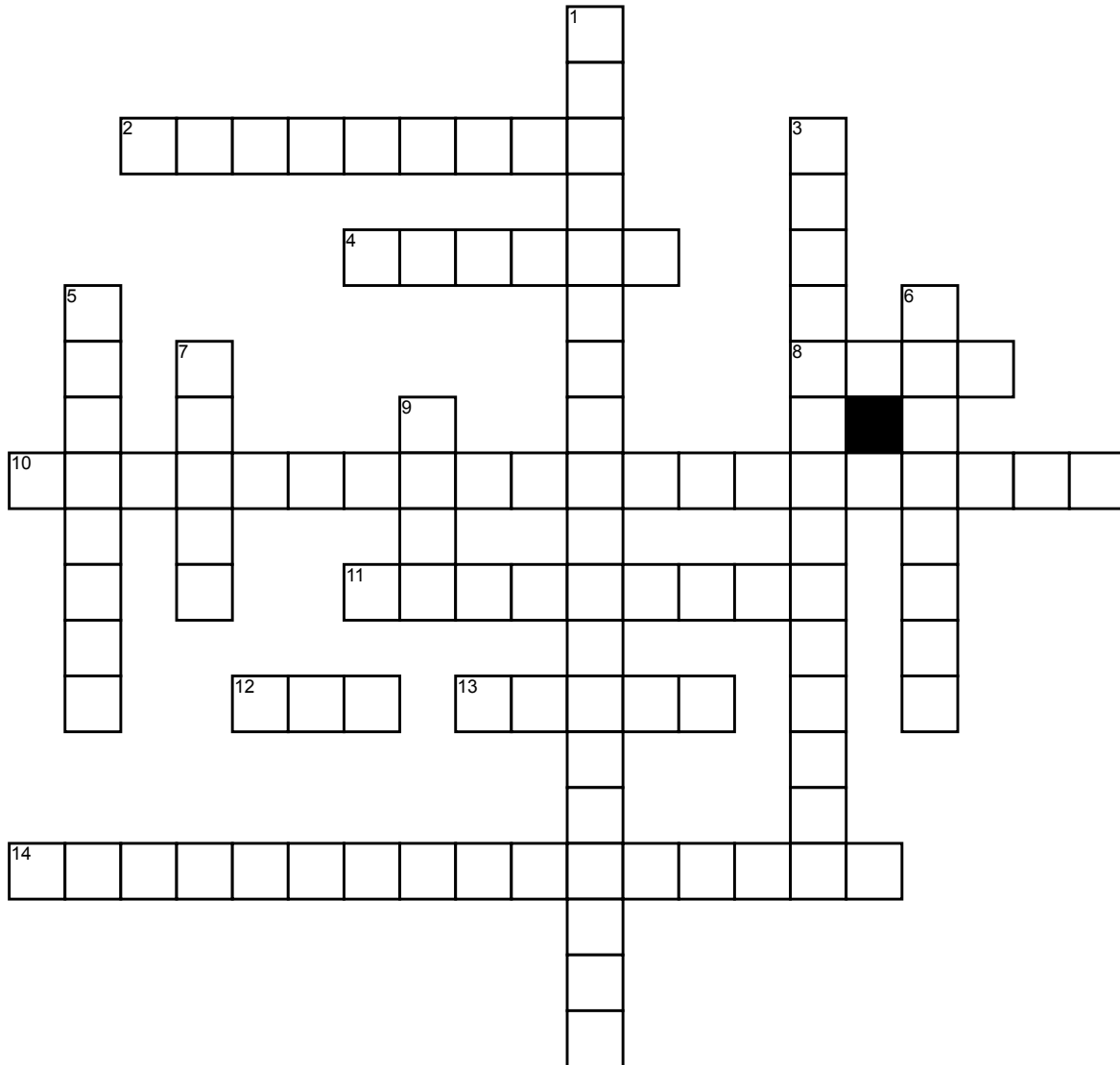


Name: _____

Date: _____

Boxing Crossword



Across

- 2.** Our first "fighter of the month's" nickname
4. Roger's favorite part of class
8. Known as the knockout punch
10. GTKYQ - stands for:
11. The peg board helps with our _____

- 12.** First punch we learn
13. This punch follows the jab
14. Where Our Rock Steady Boxing Gym is located

Down

- 1.** The name of our first four boxers
3. Meldon's favorite part of class

- 5.** This bag helps us with our posture and shoulder /arm strength
6. Left handed boxer
7. The name of our hitting dummy
9. Sit ups/ crunches and leg lifts help us strengthen our: