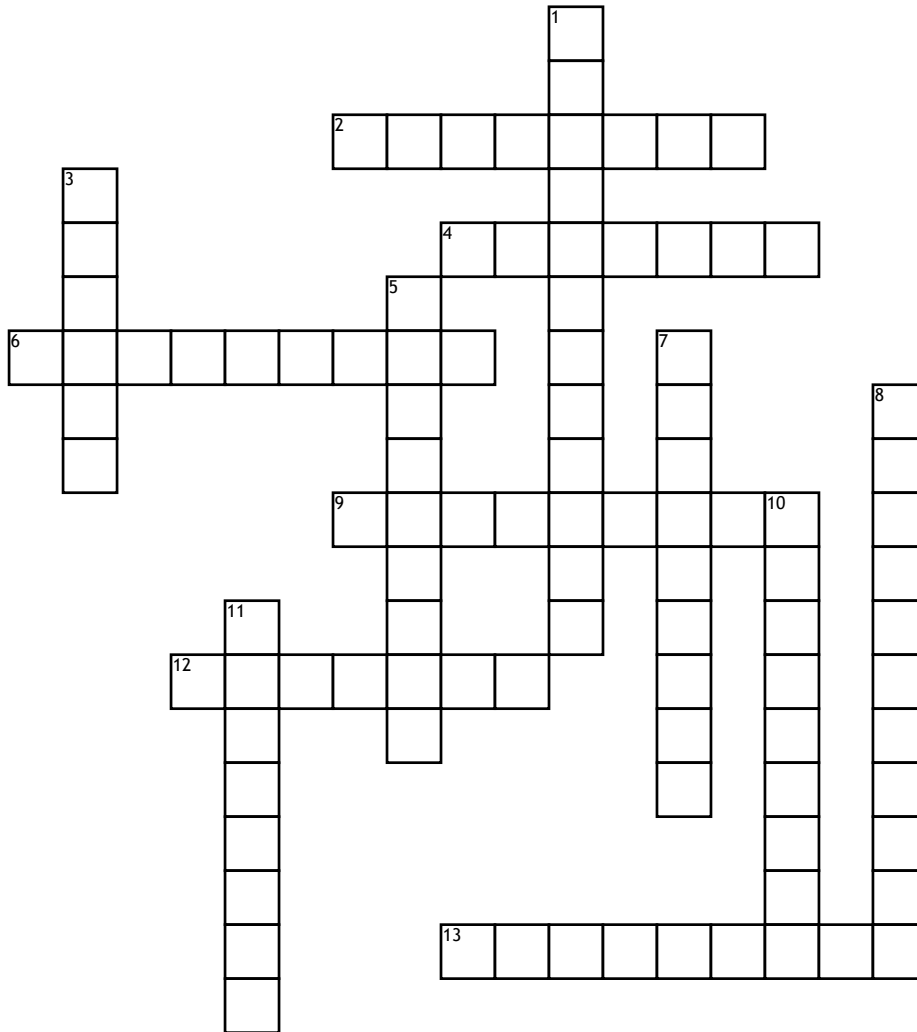


Breastfeeding 101



Across

2. The let-down reflex and orgasms both require this?
4. Breastfeeding is associated with lower what type of cancer in Mothers?
6. If you hear a clicking sound that could mean that your child is not latched properly, it can also mean that your child has this?
9. Creating this is a soothing treat for teething babies.
12. If your nipple is sore after breastfeeding that means your baby is not ____ correctly.

13. In the first few days after birth, you produce a special kind of milk called

Down

1. What do you call milk secreted from the breasts of some newborn human infants of either sex?
3. The darker skinned area around the nipple.
5. According to the World Health Organization, what's the minimum amount of time to breastfeed for baby's "optimal growth, development, and health"?

7. The act of an infant sucking the nipple stimulates the production of this hormone?

8. A mixture of mango butter, vitamin e and breast milk makes what type of healing product for baby?

10. Drinking small amounts of this beverage is suggested for increasing breast milk production?

11. Breastfeeding helps Moms burn what?

Word Bank

Oxytocin

Popsicles

Tongue Tie

Calories

Colostrum

Six Months

Areola

Diaper Cream

Stout Beer

Ovarian

Latched

Prolactin

Neonatal Milk