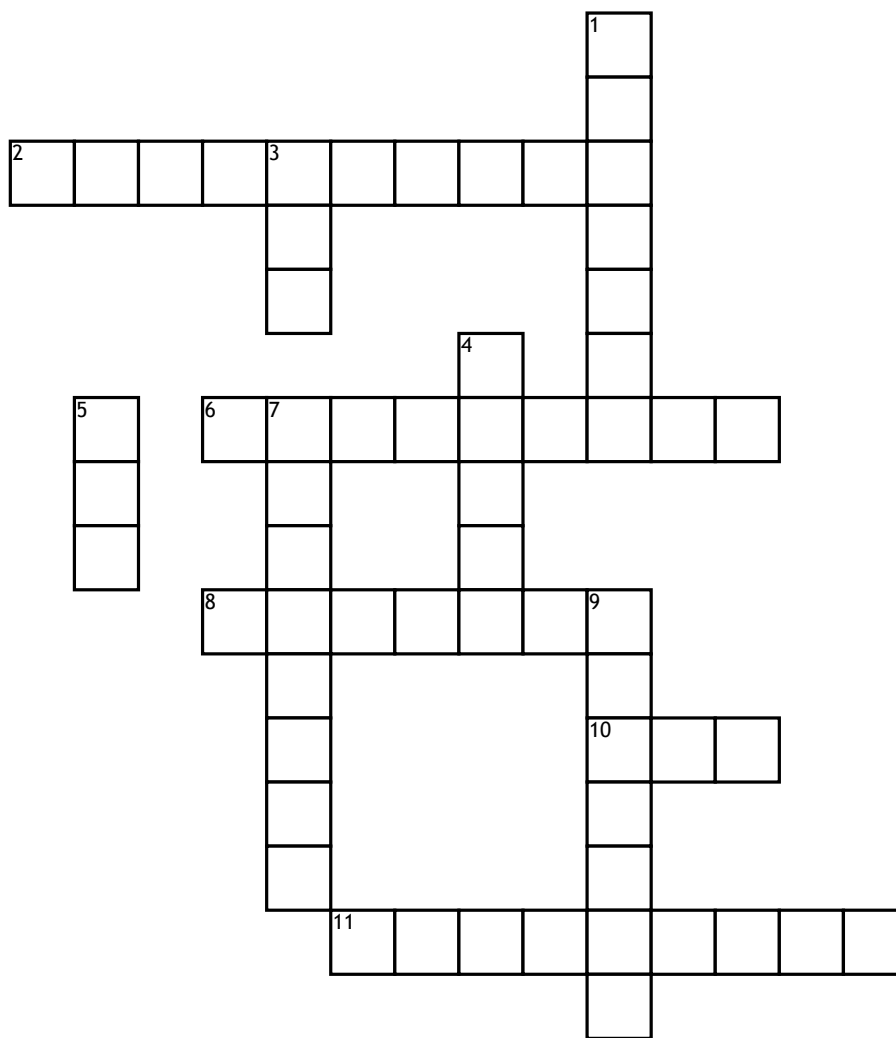


Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Breastfeeding Knowledge



## Across

2. \_\_\_\_\_ helps with initiating breastfeeding after birth.  
6. What practice helps initiate breastfeeding after birth?  
8. Cord clamping should be \_\_\_\_\_.  
10. How many months should a baby be exclusively breastfed?  
11. What is the first milk after birth called?

## Down

1. Besides nutrition, what does breastfeeding offer the mom and baby?

3. Ideally one should want to breastfeed for up to at least \_\_\_\_ years.  
4. The World Health Assembly (WHA) has set a target to increase the global rate of exclusive breastfeeding to at least \_\_\_\_ % by 2025.  
5. Can one breastfeed if you have or had covid-19?  
7. How often should one breastfeed?  
9. Breastfeeding lowers a mother and child's risk of \_\_\_\_\_.

## Word Bank

fifty

six

colostrum

skin-to-skin

rooming in

two

delayed

disease

bonding

yes

on demand