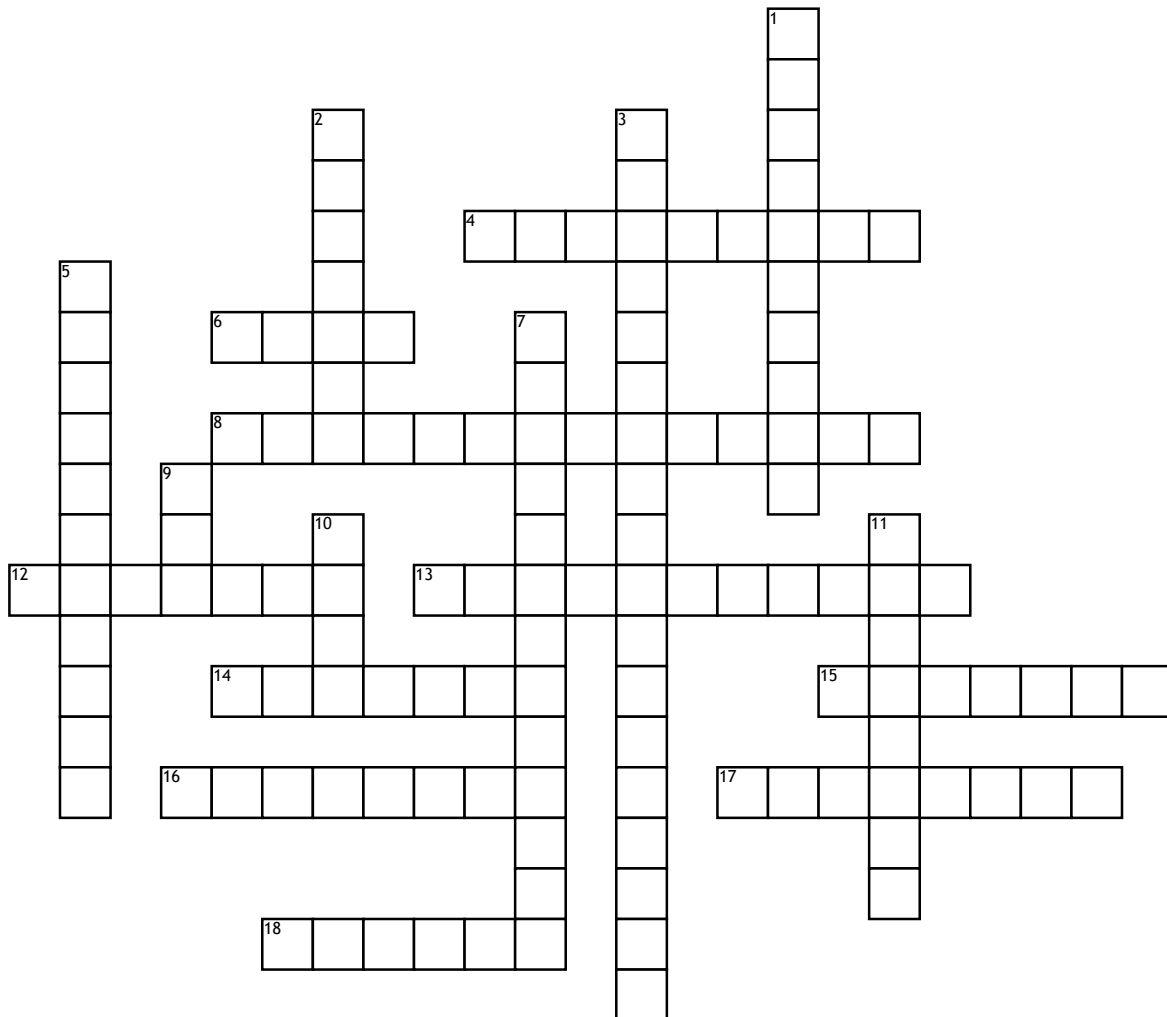


Name: _____

Date: _____

Breastfeeding



Across

- 4. hormone produced by the anterior pituitary and is involved in milk production
- 6. when this touches the breast triggers the gape reflex
- 8. often the best way to remove milk in the early days
- 12. our most important role when helping moms
- 13. structural abnormality causing poor latch
- 14. ideally baby should be back to birth weight by

- 15. key factor in mastitis
- 16. may cause breast edema
- 17. frequent use of this can lead to poor latch and weight gain
- 18. tissue under the tongue that can affect feeds

Down

- 1. triggers mom's breastfeeding hormones and baby's feeding instincts
- 2. causes the seedy look to baby's stools

- 3. a reflex that releases milk from the breast
- 5. most important factor in milk production
- 7. a factor in breastfeeding duration
- 9. established the baby friendly initiative
- 10. low levels of this can contribute to yeast infections
- 11. only nutrient there is not enough of in breast milk