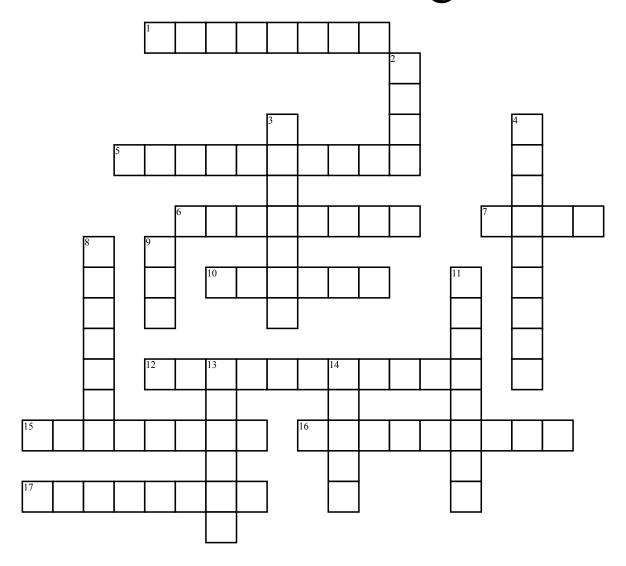
## Breastfeeding



## Across

- **1.** Clogged milk ducts can lead to...
- **5.** Colostrum contains what to fight infection?
- **6.** Good "hold" for c-section moms.
- 7. Baby's \_\_\_\_\_ to breast during feeds.
- **10.** Breastfeeding may reduce RF in moms.
- **12.** Leads to uncomfortable, full breasts

- **15.** Creamier, richer form of milk at end of feedings.
- **16.** Major hormone of milk production.
- **17.** Avoided until breastfeeding is well-established.

## Down

- **2.** Breastfeeding can reduce occurrence of \_\_\_\_\_ in infants.
- 3. Active sign of hunger

- **4.** Before breast milk comes in
- **8.** Savior of sore, cracked nipples.
- **9.** Provides breastfeeding recommendations, standards, and guidelines.
- 11. Produced during letdown to stimulate injection into ducts.
- 13. First hour after birth is
- **14.** Opening mouth is a \_\_\_\_\_ cue.