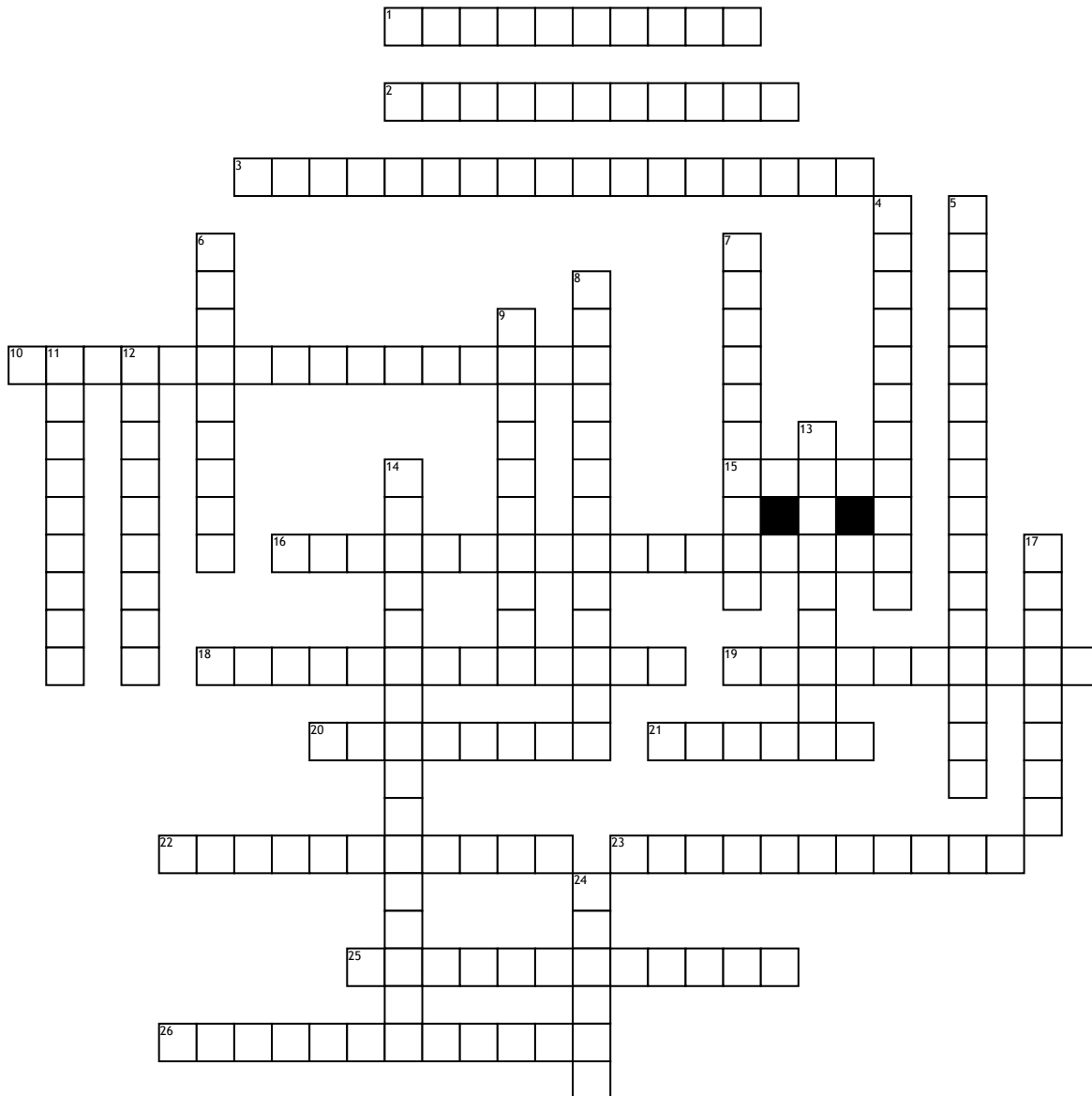


CF Health 10 Chapter 1-3



Across

1. having enough skills to do something.
2. sale of worthless products or services that claim to prevent disease or cure other health problems.
3. differences in health outcomes among groups.
10. a ranked list of those needs essential to human.
15. people of the same age who share similar interests.
16. to strive to be the best you can.
18. a goal that you can reach in a short period of time.
19. taking steps to keep something from happening or getting worse.
20. an overall state of well being or total health.
21. the combination of physical, mental/emotional, and social well being.

22. a complex set of characteristics that makes you unique.

23. failure by a health professional to meet accepted standards.

25. a goal that you plan to reach over an extended period of time.

26. specific tools and strategies to maintain protect, and improve all aspects of your health.

Down

4. a written or spoken media message designed to interest consumers in purchasing a product or service.

5. your sense of yourself as a unique individual.

6. the distinctive qualities that describe how a person thinks, feels, and behaves.

7. a multi-step strategy to identify and achieve your goals.

8. actions that can potentially threaten your health or the health of others.

9. how much value, respect, and feel confident about yourself.

11. a firm observance of core ethical values.

12. someone whose success or behavior serves as an example for you.

13. the ability to adapt effectively and recover from disappointment, difficulty, or crisis.

14. personal habits or behaviors related to the way a person lives.

17. taking action to influence others to address a health-related concern or to support a health-related belief.

24. reaction of the body and mind to everyday challenges and demands.