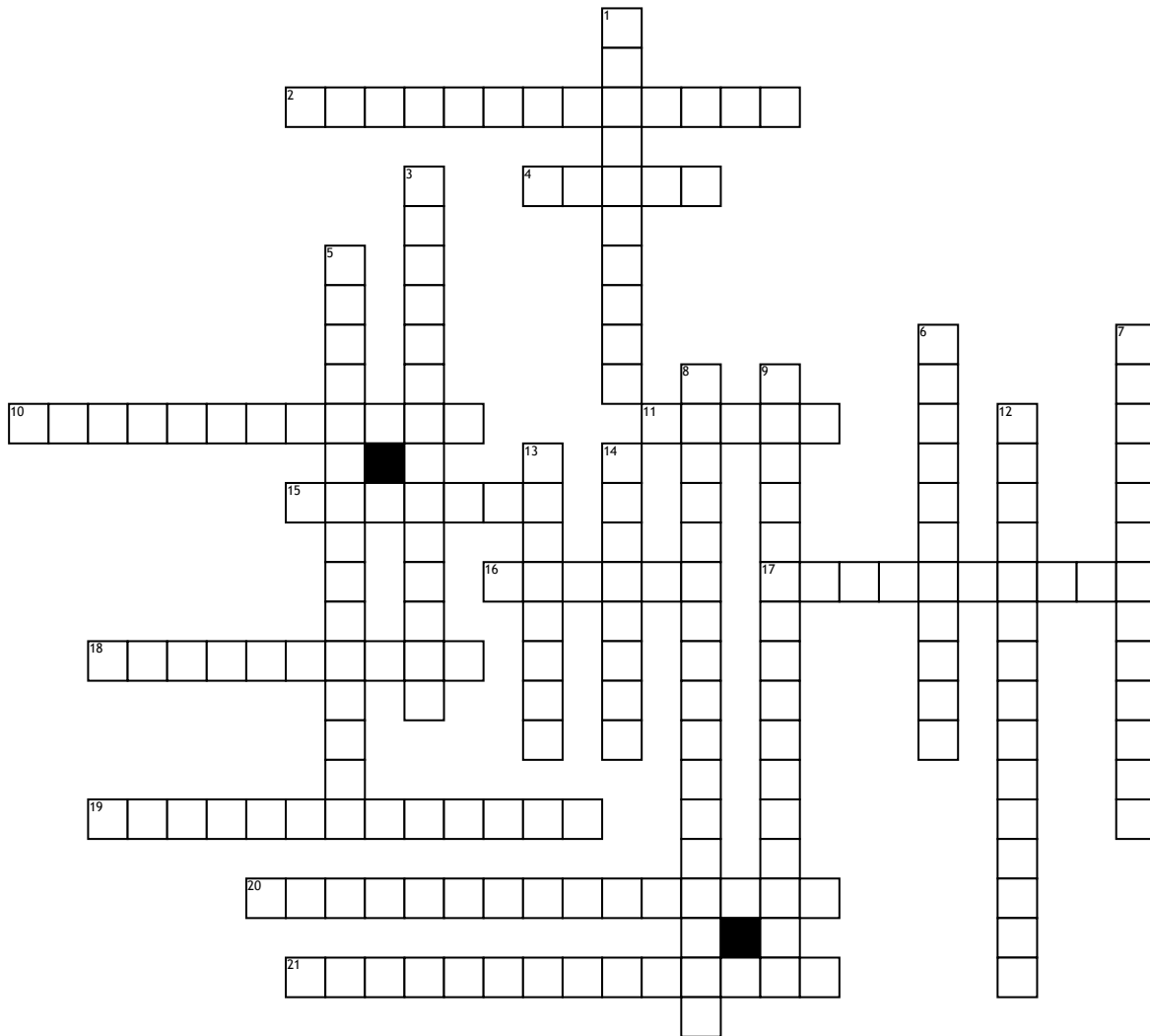


CROSSWORD PUZZLE 1-3



Across

- 2. Guide for improving the health of all people in the us
- 4. People of the same age who share similar interest
- 10. Are specific tools and strategies to maintain, protect and improve all aspects of your health
- 11. Are the various methods for communicating information
- 15. Refers to the collective beliefs, customs, and behaviors of a group
- 16. the combination of physical, mental, emotional, and social well-being
- 17. Such as a radio, TV, interment, and through print media

- 18. Is a deliberate decision to avoid high-risk behaviors, including sexual activity and the use of tobacco, alcohol, and other drugs
- 19. Are the actions that can potentially threaten your health or the health of others
- 20. Providing accurate health information and teaching health skills to help people make healthy decisions
- 21. An ongoing condition or illness such as heart disease, obesity, and cancer

Down

- 1. Taking steps to keep something from happening or getting worse
- 3. Refers to a person's capacity to learn about and understand basic health information and services and to use resources

- 5. A deep-seated sense of meaning purpose in life
- 6. Is the sum of your surroundings
- 7. Program, a nationwide health promotion and disease prevention plan designed to serve as a guide for improving the health of all people in the us
- 8. Are differences in health outcomes among groups
- 9. Are the personal habits or behaviors related to the way a person lives
- 12. related risk that increase in effect with each added risk
- 13. Refers to all the traits that were biologically passed on to you from your parents
- 14. An overall state of well being or total health