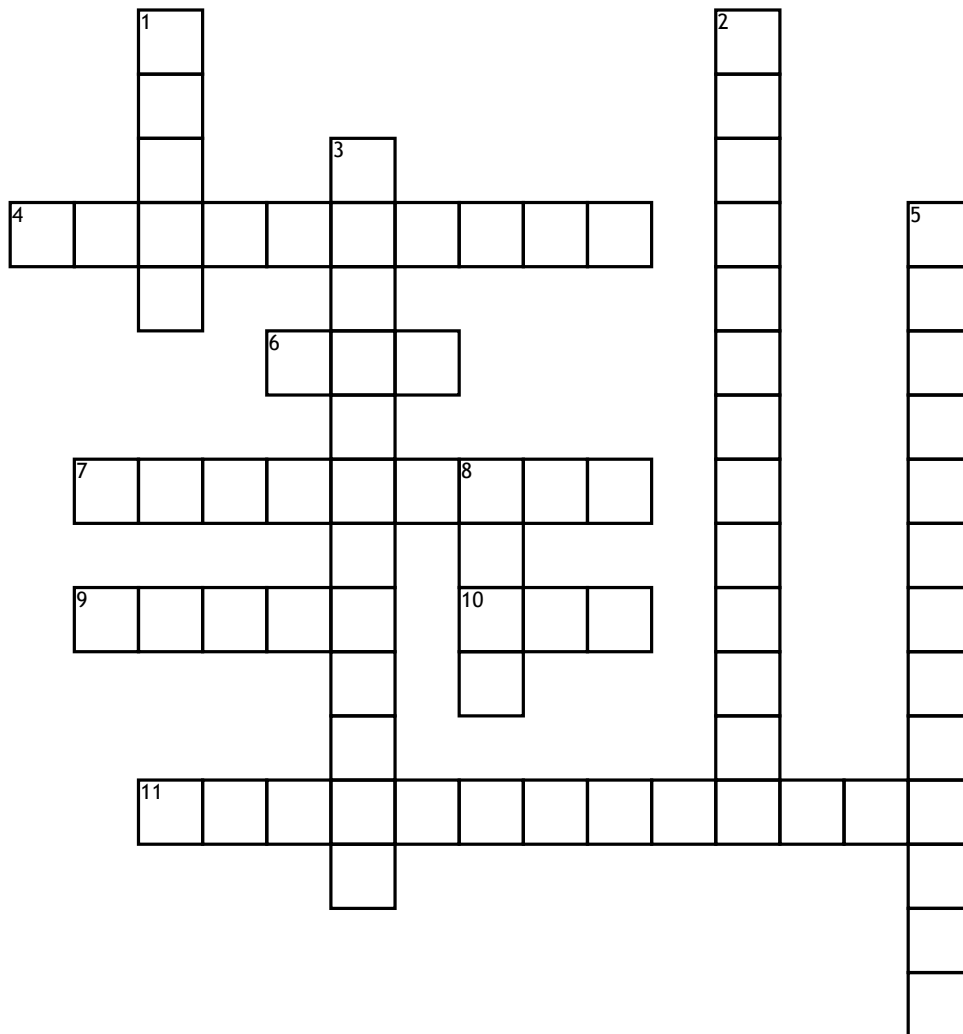


Name: _____

Date: _____

Cardiac Rehab Week



Across

4. The amount of years Cardiac Rehab has been here at MHWZ

6. _____ is the amount of energy it costs to complete a task

7. The amount of sessions each patient gets to complete Cardiac Rehab

9. You should exercise at least _____ times per week

10. The bad form of cholesterol is (abbreviation)

11. _____ is the pressure of circulating blood against the walls of blood vessels

Down

1. The preventable form of diabetes is

2. Each exercise session should last no less than

3. A term used to describe high blood pressure

5. Who is the medical director over Cardiac Rehab?

8. This food item directly affects blood pressure