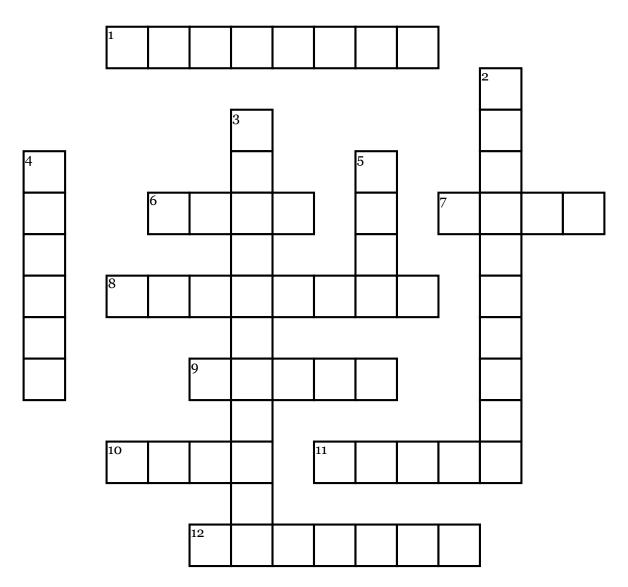
Casserole Crossword



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- 1. Casseroles are often high in _____ and fat
- **6.** Casseroles can save people ____ and money.
- 7. Casseroles require little ____ time.
- **8.** Part of a casserole that is bread crumbs, potatoes, and grains
- **9.** Casseroles are commonly ____ in the oven
- **10.** Vega casseroles substitute _____ for meat.
- 11. A casserole is a of cooked ingredients
- **12.** Cooked ingredients heated together ____ flavor.

Down

- **2.** Casseroles can also be _____.
- **3.** Everything in a casserole is one _____.
- **4.** Liquids in a casserole (eggs, soup, milk...)
- **5.** Part of a casserole that is the meat, poultry, or cheese.