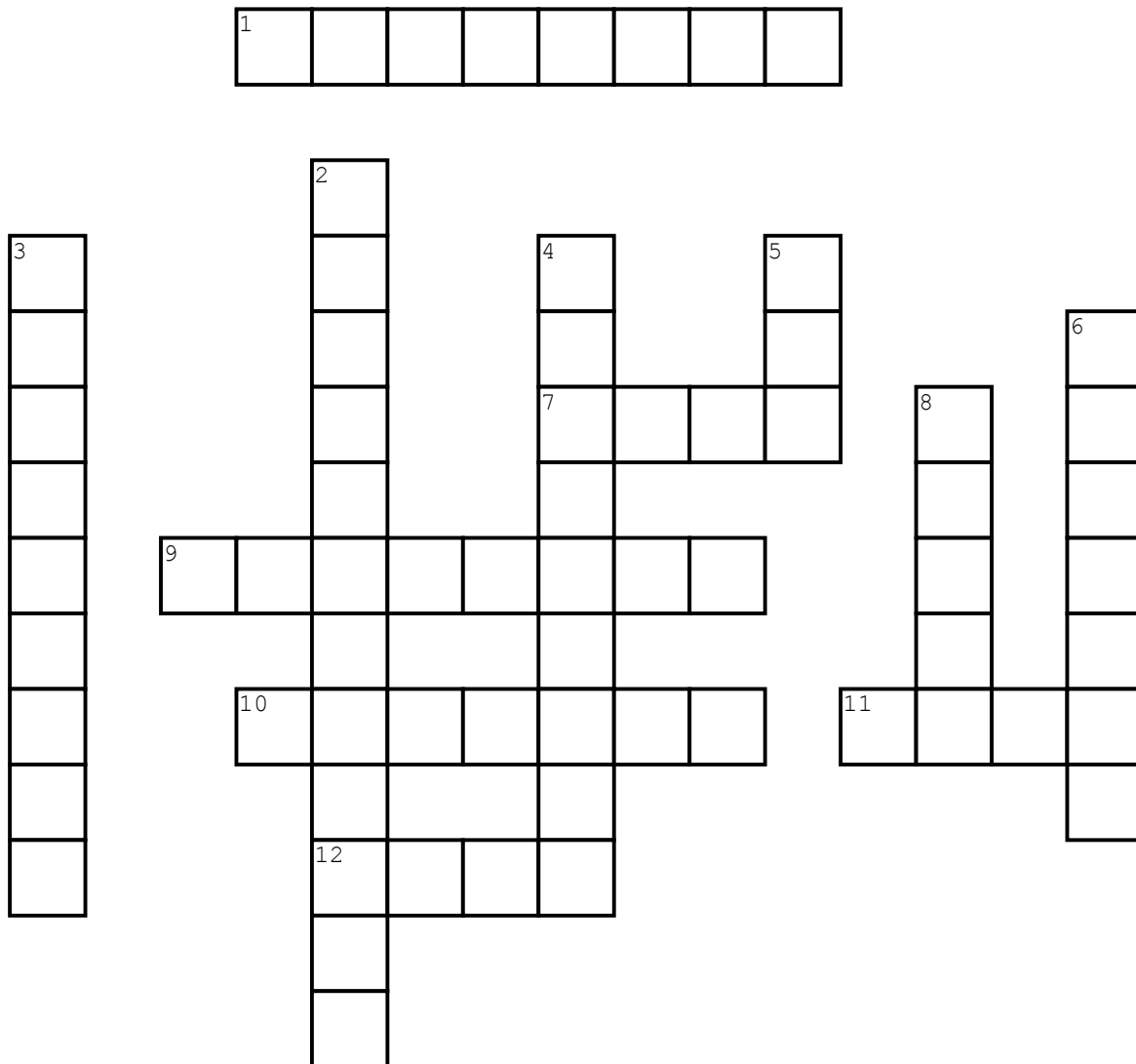


Name: _____ Date: _____

Casserole Search



Across

1. The _____ can consist of bread crumbs, potatoes, rice, grains, and dried beans?

7. Sauces are _____?

9. A casserole is a blend of heated ingredients that _____ flavor?

10. Toppings _____ protein ingredients.

11. The base is meats, poultry, fish or cheese. True or False?

12. One protein that casseroles have is?

Down

2. There is a _____ of casseroles that can be made.

3. Carbohydrates are _____ and _____?

4. You can have _____ After dinner.

5. Can casseroles be frozen?

6. What are the vitamins in a casserole?

8. What are casseroles used for?