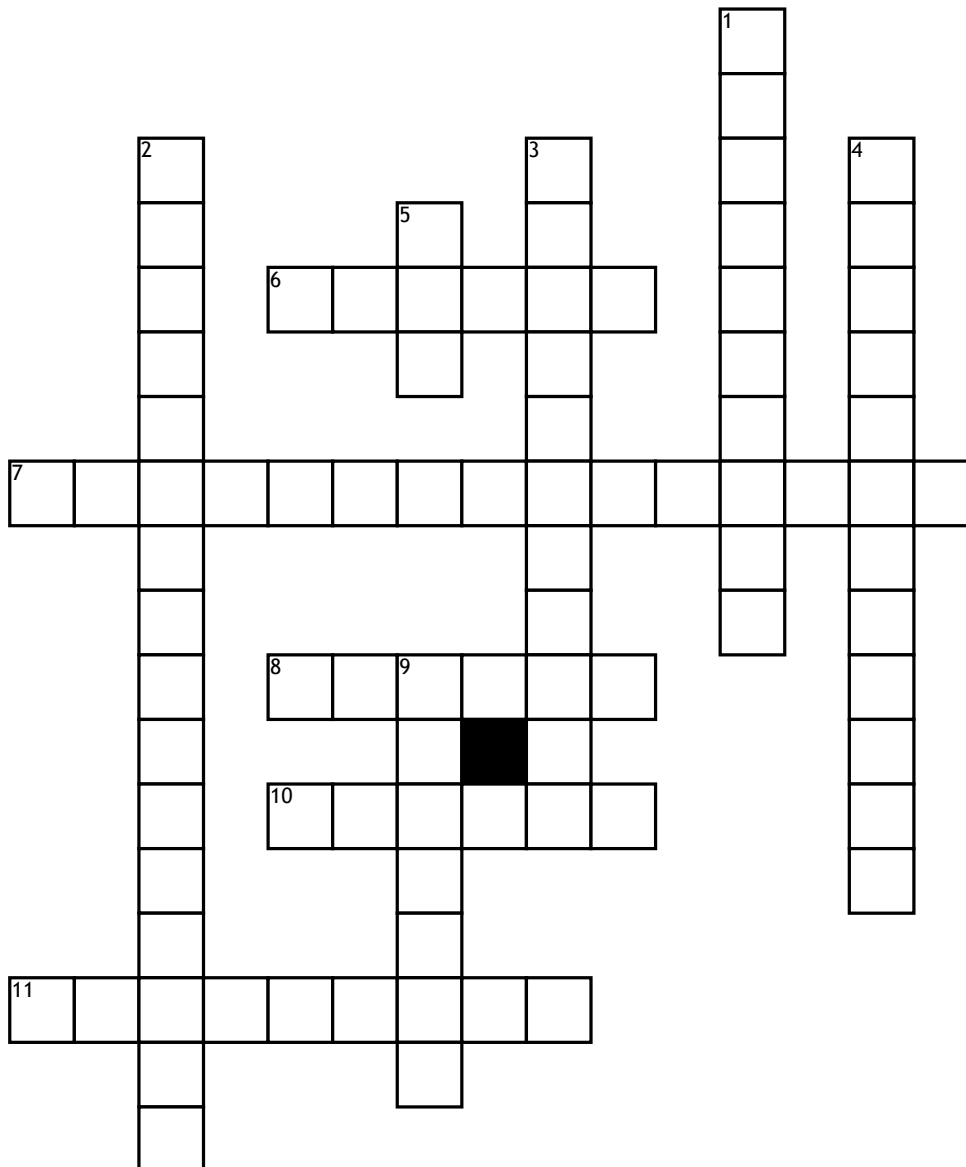


Name: _____

Date: _____

Celebrate Cardiac Rehab Week



Across

- 6. Patients should limit in their diet
- 7. How many minutes of exercise is recommended per week
- 8. A common medication for cholesterol
- 10. A job related risk factor
- 11. A popular piece of exercise equipment

Down

- 1. How many years has Westfields had Cardiac rehab
- 2. A surgical procedure for severe heart disease (3 words)
- 3. This berry is a super food
- 4. High Blood pressure
- 5. What is the abbreviation for "Good" cholesterol
- 9. What type of exercise is good for your heart