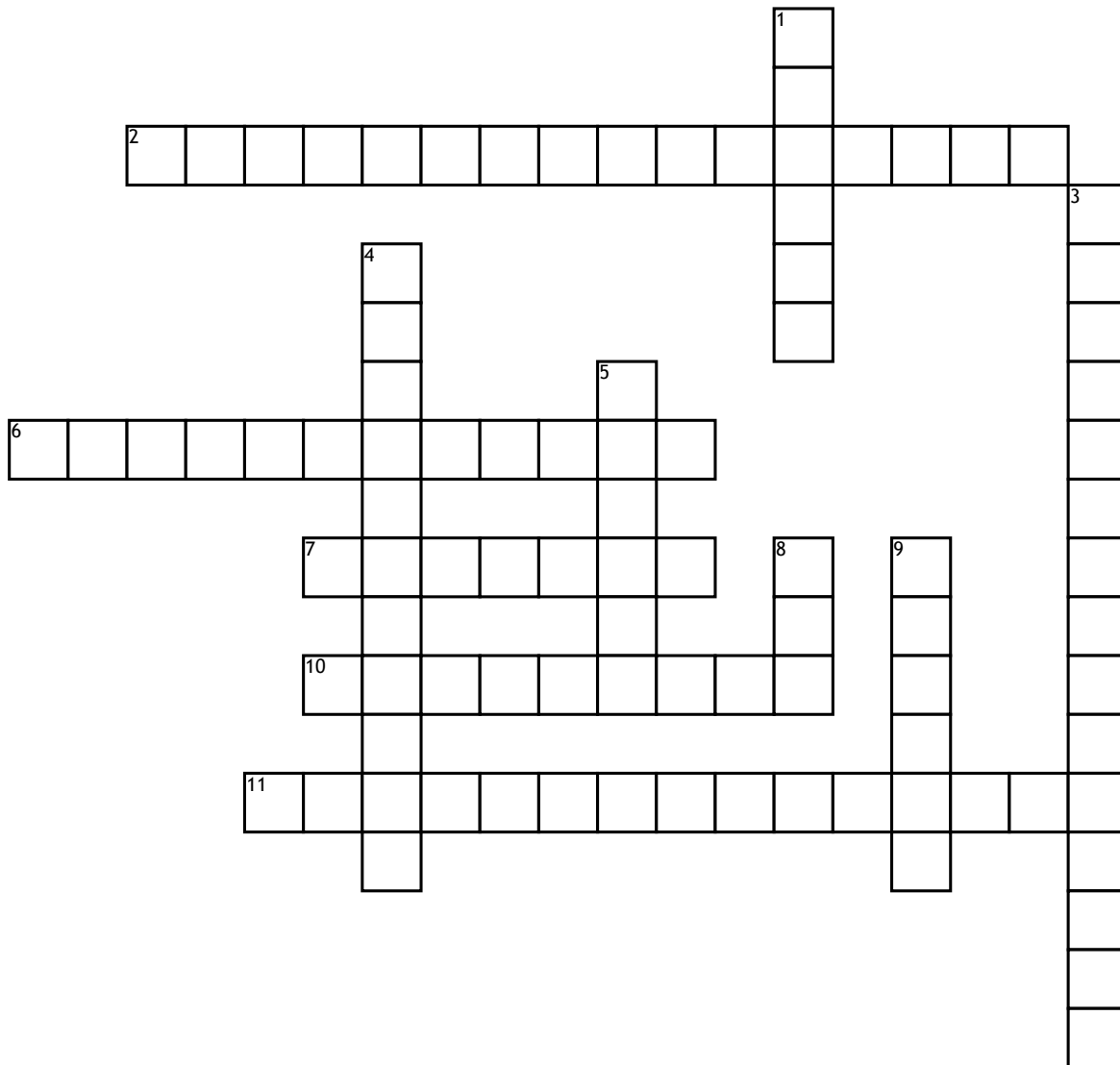


Celebrate Cardiac Rehab week February 11th-15th/Cardiac Rehab Crossword



Across

- 2. A surgical procedure for severe heart disease (3 words)
- 6. High blood pressure
- 7. What type of exercise is good for your heart
- 10. A popular piece of exercise equipment
- 11. How many minutes of exercise is recommended per week

Down

- 1. A job related risk factor
- 3. How many years has Westfields had Cardiac rehab
- 4. This berry is a super food
- 5. Patients should limit this ingredient in their diet
- 8. What is an abbreviation for good cholesterol
- 9. common medication for high cholesterol