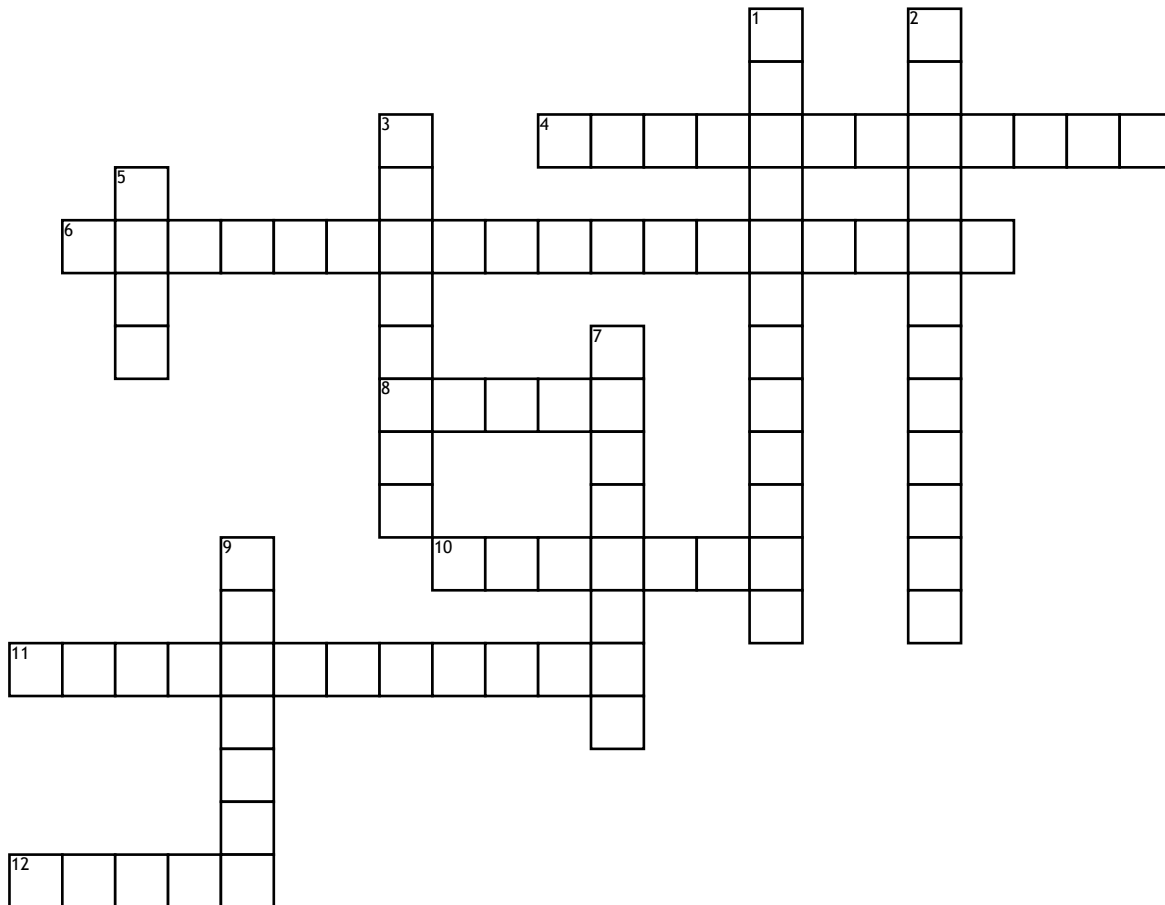


Name: _____

Date: _____

Cervical Sprain



Across

4. The hyperflexion of the neck can cause a tear in the _____ ligament.

6. What instrument may be used in certain cervical sprains after the injury occurs?

8. What are the most common type of cervical injuries?

10. What nonsurgical option can be taken to help treat cervical sprain? (2 words)

11. The hyperextension of the neck can cause a tear in the anterior _____ ligament.

12. The typical time period of cervical sprain injuries should last you a 3-4 _____?

Down

1. Cervical sprain injuries are more likely to be seen in what type of accidents? (2 words)

2. _____ therapies are one of the best choices to treat a whiplash injury because they affect the spine and the muscles.

3. A Cervical Sprain injury is also known as?

5. A Cervical Sprain injury is occurred through the snapping of the which area?

7. What specific equipment in a football helmet can help prevent a cervical sprain injury? (2 words)

9. When cervical sprain injuries occurs, there should be a point tenderness over the transverse and _____ processes.