

Name: _____

Date: _____

Chapter 10

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| 1. Name of Thiamin Deficiency disease | A. Beriberi |
| 2. Used for synthesis of niacin | B. Niacin |
| 3. High doses are known to lower LDL cholesterol | C. Intrinsic Factor |
| 4. This vitamin is a component of Acetyl CoA | D. Anemia |
| 5. Toxicity from this vitamin is known to cause nerve damage and inability to walk | E. Tryptophan |
| 6. Prevention of neural tube defects is related to increase intake of this substance by pregnant women | F. Iron Overload |
| 7. One of the first symptoms of folate deficiency | G. Folate |
| 8. Required to maintain nerve fiber sheath | H. Vitamin B12 |
| 9. Required for absorption of vitamin B12 | I. Vitamin B6 |
| 10. Excess intake of Vitamin C may aggravate this | J. Pantothenic Acid |