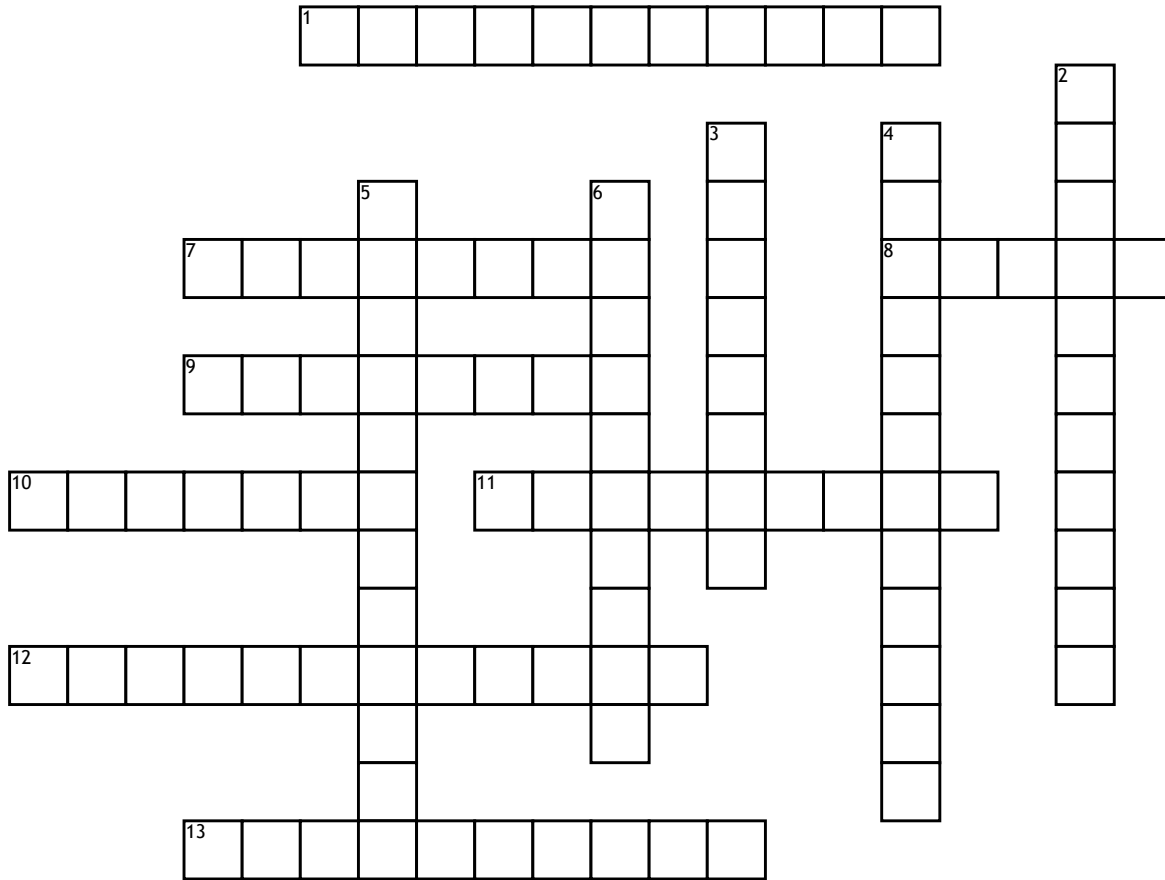


Name: _____

Date: _____

Chapter 18 Comfort, Rest and Sleep



Across

- 1. The movement of air
- 7. Difficulty falling asleep
- 8. The cessation of breathing
- 9. Sleep-producing
- 10. Medical term for grinding teeth

- 11. A hormone that induces sleep

- 12. Specialist who study behavior and well-being

- 13. Drugs that excite structures in the brain

Down

- 2. Sleep disorder characterized by feeling sleepy

- 3. The amount of moisture in the air

- 4. Drugs that produce a relaxing and calming effect

- 5. Sleepwalking

- 6. Sudden onset of daytime sleeping