$\qquad$

## Chapter 1 Crossword



## Across

5. Bending movement that results in a decrease of angle in a joint by bringing bones together.
6. Rotation away from the midline of the body
7. Behind, in the back or in the rear portion
8. Face downward position of the body; stomach lying
9. Relating to the middle or center; nearer to the median
10. Lateral movement away from the midline of the trunk.
11. Divides the body into right and left symmetrical halves
12. Turning the sole of the foot outward or laterally
13. Divides the body into superior and inferior halves
14. In front or in the front part
15. Situated away from the midline of the body, or away from the point of origin
16. Above in relation to another structure; higher

## Down

1. On or to the side, outside, farther from the median
2. Movement medially towards the midline of the trunk.
3. Below in relation to another structure
4. Flexion movement of the ankle that results in the top of the foot moving towards the anterior portion of the lower leg.
5. Extension movement of the ankle that results in the foot or toes moving away from the body.
6. Divides the body into front and back halves
7. Standing in an upright position, facing straight ahead, feet parallel and close, and palms facing forward.
8. Nearest the trunk or the point of origin 11. Turning the sole of the foot inward or medially
9. Rotation toward the midline of the body
10. Straightening movement that results in an increased angle in a joint by moving bones apart.
11. Lying on the back; face upward position of the body

## Word Bank

Inferior
Medial
Internal rotation
Anatomical position
External rotation

Dorsiflexion
Proximal
Flexion
Posterior
Abduction

Distal
Adduction
Frontal Plane
Prone
Anterior

Inversion
Supine
Extension
Transverse Plane

