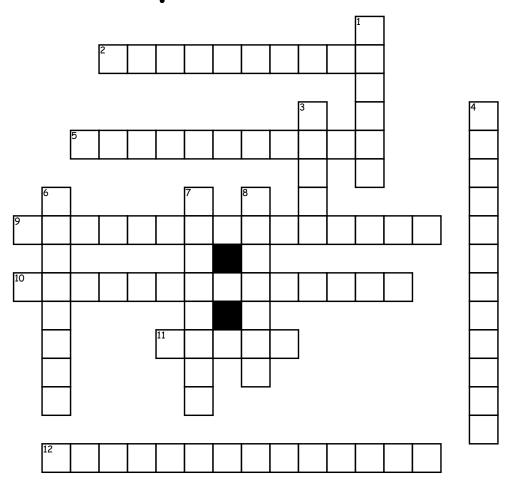
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Chapter 1 Vocab.



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Across

- 2. avoiding harmful behaviors (alcohol, drugs, sex)
- 5. The sum of your surroundings
- 9. providing accurate health information to help people make healthy choices
- 10. A person's capacity to learn about and understand basic health information
- 11. People of the same age and who share similar interest

- 12. related risks that increase in effect with each added risk
- 13. Practicing health and safety habits to remain free of disease and injury

<u>Down</u>

- 1. a combination of your physical, mental/emotional and social well-being
- 3. Various methods of communicating information

- 4. Actions that can potentially threaten your health
- 6. all the traits that were biologically passed to you from your parents
- 7. an overall state of well-being or total heall
- 8. the collective beliefs,customs and behaviors of a group

Word Bank

Wellness Prevention Heredity Media Risk Behavior Cumulative Risk Health Education Abstinence Health Peers

Environment Health Literacy Culture