

Name: \_\_\_\_\_ Date: \_\_\_\_\_

# Chapter 26 Pedicuring

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| 1. Which implement cannot be used to remove calluses?                                                                                                                                                                                                | A. A razor             |
| 2. Cosmetic service performed on the feet by a licensed cosmetologist or nail technician?                                                                                                                                                            | B. Pedicure implements |
| 3. A small scoop-shaped implement used for more effective removal of debris from the nail folds, eponychium and hyponychium?                                                                                                                         | C. Foot soaks          |
| 4. Whom can remove ingrown nails?                                                                                                                                                                                                                    | D. Exfoliating scrubs  |
| 5. What massage technique is used most often in a pedicure service?                                                                                                                                                                                  | E. Callus softeners    |
| 6. When performing a pedicure service, do not push back the ?                                                                                                                                                                                        | F. Toenail nippers     |
| 7. Foam rubber or cotton disposable materials used to keep toes apart while polishing the nails?                                                                                                                                                     | G. Eponychium          |
| 8. Toenail clippers, toenail nippers, curette, nail rasp, pedicure nail file, and foot files are all?                                                                                                                                                | H. Curette             |
| 9. A concentrated treatment product often composed of mineral clays, moisturizing agents, skin softeners, aromatherapy oils, botanical extracts, and other beneficial ingredients to cleanse, exfoliate, tighten, tone, hydrate and nourish the skin | I. Toenail clippers    |
| 10. Metal implement with a grooved edge used for filing and smoothing the edges of the nail plate in one direction?                                                                                                                                  | J. paraffin wax        |
| 11. Can stimulate circulation when applied?                                                                                                                                                                                                          | K. A toenail           |
| 12. What is an inorganic compound that degrades the protein in the callus cells?                                                                                                                                                                     | L. potassium hydroxide |
| 13. A unique method of applying pressure with thumb and index fingers to the hands and feet?                                                                                                                                                         | M. Effleurage          |
| 14. Proper filing of this is straight across with rounded corners?                                                                                                                                                                                   | N. A doctor            |
| 15. A dark, fine grained volcanic rock?                                                                                                                                                                                                              | O. Basalt              |
| 16. Another term for foot file?                                                                                                                                                                                                                      | P. A masque            |

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| 17. An organic compound that has super-hydrating effects on the skin cells?                                                                         | Q. Reflexology      |
| 18. An organic acid that derives originally from the bark of willow trees?                                                                          | R. Pedicure         |
| 19. Are usually water-based lotions that contain an abrasive as the exfoliating agent?                                                              | S. Toe separators   |
| 20. Products designed to soften and smooth thickened tissue?                                                                                        | T. Urea             |
| 21. Products that are put into the water in the pedicure bath to soften the skin on the feet during soak time?                                      | U. Pedicure paddles |
| 22. Professional implement that are larger than fingernail clippers and have curved or straight jaw specifically designed for cutting toenails?     | V. Salicylic acid   |
| 23. Similar in design to fingernail nippers, but are larger, much stronger, and used to trim the toenail as opposed to trimming the excess cuticle? | W. Nail rasp        |