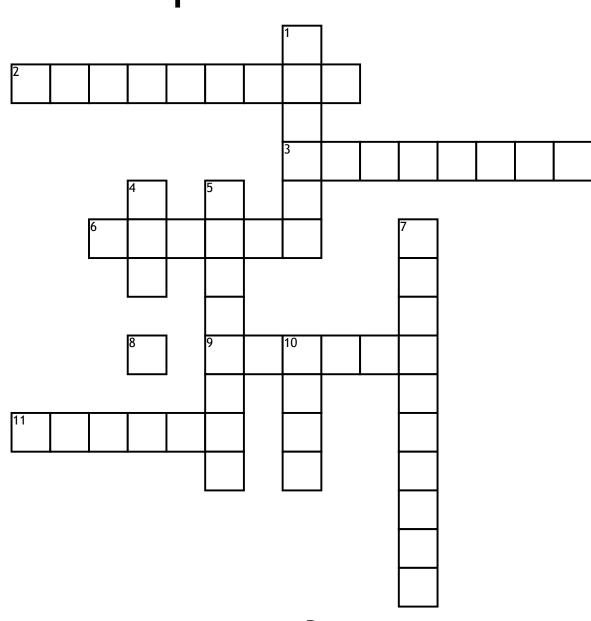
## Chapter 3 MEMORY



## <u>Across</u>

**2.** escape the short-term memory trap by ? material as soon as possible

**3.** encode by thinking by intending to ?

**6.** see, ? as something you do - not something you have

9. ? is a greate memory enhancer

**11.** 1 technique in the memory jungle is directing the ? traffic

## <u>Down</u>

1. use your times of peak ?

**4.** what is 1 mnemonic device, ? system

**5.** ways to keep your brain fit for life, stay ? active

7. we forget what we learn in the first ? Hours

8. Begins with an

**10.** Set a ? for your Memory