

Name: _____

Date: _____

Chapter 5 Test

- | | |
|---|----------------------|
| 1. The condition of feeling uneasy or worried about what may happen | A. Psychotherapy |
| 2. A prolonged feeling of helplessness, hopelessness, and sadness. | B. Anxiety |
| 3. A lack of strong feeling, interest, or concern. | C. Anxiety Disorder |
| 4. An illness of the mind that can affect the thoughts, feelings, and behaviors of a person, preventing him or her from leading a happy, healthful, and productive life. | D. Suicide |
| 5. A mark of shame or disapproval that results in an individual being shunned or rejected by others. | E. Mood disorder |
| 6. A condition in which real or imagined fears are difficult to control. | F. Conduct Disorder |
| 7. An illness that involves mood extremes that interfere with everyday living. | G. Group Therapy |
| 8. Patterns of behavior in which the rights of others or basic social rules are violated. | H. Drug Therapy |
| 9. Feeling isolated and separated from everyone else. | I. Cognitive Therapy |
| 10. The act of intentionally taking one's own life. | J. Behavior Therapy |
| 11. A series of suicides occurring within a short period of time and involving several people in the same school or community. | K. Family Therapy |
| 12. An ongoing dialogue between a patient and a mental health professional. | L. Cluster suicides |
| 13. A treatment process that focuses on changing unwanted behaviors through rewards and reinforcements. | M. Depression |
| 14. A treatment method designed to identify and correct distorted thinking patterns that can lead to feelings and behaviors that may be troublesome, self-defeating, or self-destructive. | N. Mental disorder |
| 15. Helping the family in more positive and constructive ways by exploring patterns in communication and providing support and education. | O. Stigma |
| 16. Treating a group of people who have similar problems and who meet regularly with a trained counselor. | P. Apathy |
| 17. The use of certain medications to treat or reduce the symptoms of a mental disorder. | Q. Alienation |