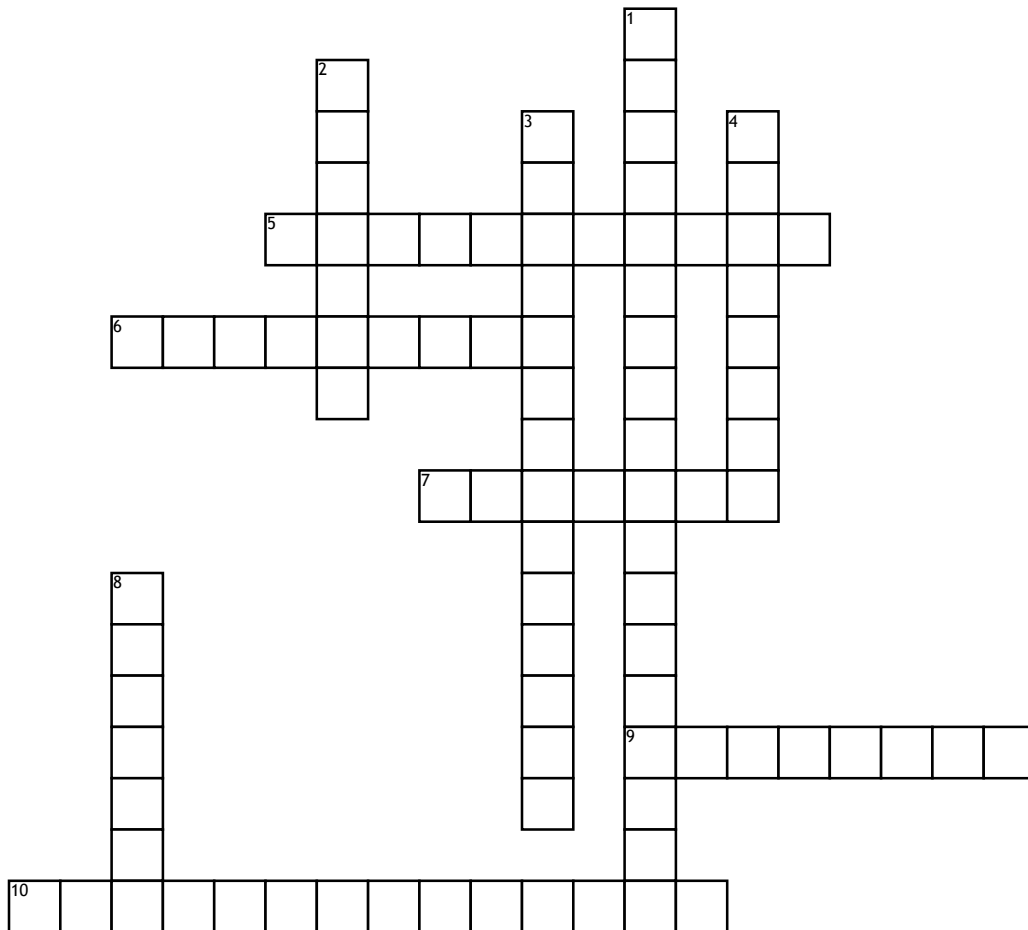


Name: _____

Date: _____

Chapter 6 Vocab



Across

5. a disease in which a person has difficulty controlling how much he eats
6. the way you see and imagine your body
7. the act of ridding the body of food
9. an eating disorder that includes self-starvation
10. disease in which a person has an unhealthy concern with his body weight and shape

Down

1. an estimate of how much you should weigh depending on your height and body frame
2. eating disorder in which a person eats a large amount of food and then gets rid of it
3. when a person exercises harder and for a longer period of time than is healthy
4. when someone eats a large amount of food
8. eating plan that promises quick weight loss with little effort

Word Bank

eating disorder
fad diet
bulimia
healthy weight range

bingeing
binge eating
body image

over exercising
anorexia
purging