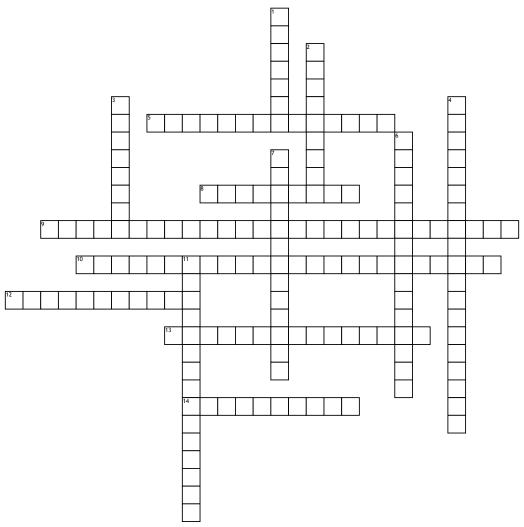
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## Chapter 6 Vocabulary



## **Across**

- 5. An eating disorder in which people overeat and then force themselves to purge the food afterward
- **8.** The way an individual sees his or her body
- **9.** Health problems and diseases linked to or resulting directly from long-term overweight or obesity
- **10.** A disorder in which blood glucose levels become elevated
- **12.** Having a body mass index that is below the 5th percentile for one's age

- **13.** An eating disorder in which a person abnormally restricts his or her calorie intake
- **14.** A condition in which a person stops breathing during sleep, due to obstructed or reduced air passages

## **Down**

- **1.** A hormone produced by the pancreas
- **2.** A disorder in which an individual falsely believes he or she is underweight or undersized
- 3. Fad diets

- **4.** An eating disorder where individuals eat more rapidly than normal till they cannot eat anymore
- **6.** An eating disorder in which people purge calories by exercise excessively
- 7. The cycle of losing, gaining, losing and gaining weight
- 11. Psychological illnesses that cause people to undereat, overeat, or practice other dangerous nutrition related behaviors

## Word Bank

Weight cycling
Anorexia bulimia
Bulimia nervosa
Impaired glucose tolerance
Excessive weight disabilities

Binge eating disorder Body Image Bigorexia Eating disorders Underweight

Exercise bulimia Sleep apnea Fad diets Insulin