

Name: \_\_\_\_\_

# CHOLESTEROL WORD SEARCH

T F W R T B A D F W F P A I O A G M G O L Q X U  
R L O W D E N S I T Y L I P O P R O T E I N H E  
I I V D G G W G C K W A K D X F C R E S J K I U  
G T A W R A H K Q Q R K L I V E R E C T T O G U  
L K N Y C C E S M F Y B R Q K K X B E A S O H K  
Y U I Z Q J Y S N X N Q G W P I I I X F T K D K  
C Z M R C F P K U Q Z Z Q U C C Z F C S A C E W  
E E A J H K R Q I P H L H Y L V V E W N F E N P  
R S L F O P O T S V P A Q G I T A L T A D H S G  
I D P G L E T B B L F L Q J E G Y B I R E C I O  
D J R D E V E F Y V T M E U N M L U G T T T T O  
E K O X S X I M T G J B Q M J A H L D D A F Y D  
S P D S T B N B M L C H Z I E D O O J R R E L Y  
E R U W E T V Y V L E N Y F Z N E S J I U L I D  
S Y C E R E O V R Z N P U L F P T D V F T X P S  
G P T K O I P P L A N T S L D M A S I J A L O O  
T H S C L O R E V O E Y T O O E H B O M S D P G  
T G M Y Z I U C P A Y Q D R M N E L C X A D R Z  
E R G F C D A S U Z V Y T T K R A L N C Z C O B  
V S Y Y S S R J F F T H V N A D U D O V R O T H  
U E D I E T Y H T Q T S K O A E E V A H K K E I  
O T S E T D O O L B A I H C A I A L M S I U I H  
F X S D I C A Y T T A F A G E M O S A W Y L N G  
B L O O D P R E S S U R E L B P I I X V X T X M

HIGH DENSITY LIPOPROTEIN  
ANIMAL PRODUCTS  
SOLUBLE FIBER  
SUPPLEMENTS  
TRANS FATS  
PLANTS  
LIVER  
GOOD

LOW DENSITY LIPOPROTEIN  
BLOOD PRESSURE  
TRIGLYCERIDES  
CHOLESTEROL  
AVOCADOS  
FIBER  
FISH  
BAD

OMEGA FATTY ACIDS  
SATURATED FATS  
WHEY PROTEIN  
BLOOD TEST  
CONTROL  
CHECK  
DIET