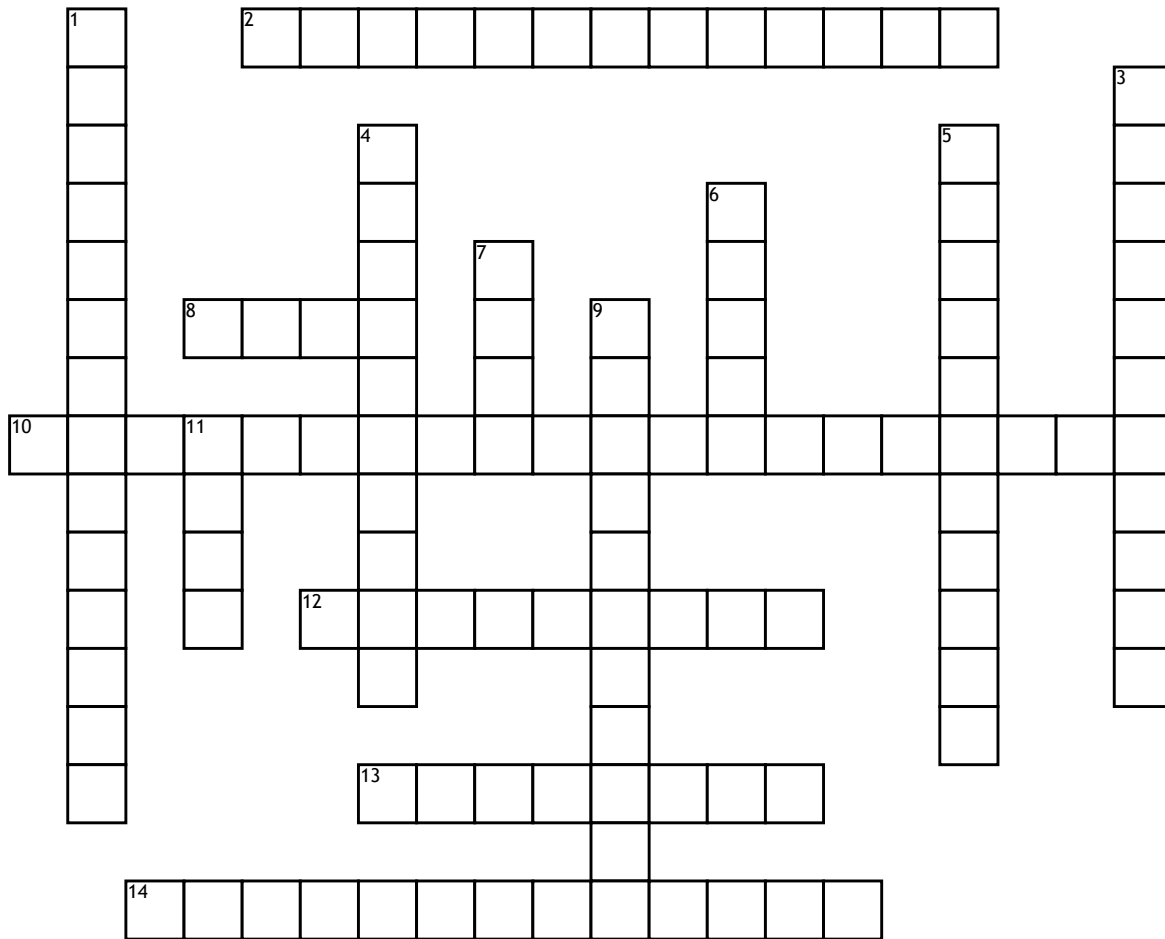


Name: _____

Date: _____

Clinical Massage



Across

2. The use of massage techniques that address the needs of athletes
8. First reason for using clinical massage techniques
10. Methods individuals use to correct imbalances and reduce discomfort that may be conscious or unconscious
12. If signs and symptoms of inflammation exceed 96 hours, it may be related to _____ rather than inflammation
13. Spontaneous reaction of pain or discomfort that causes a client to wince, jump or verbalize when the trigger point is provoked

14. Vertical line that extends from the center of an object to its base of support

Down

1. Subjective discomfort experienced after physical activity and is a frequent complaint of athletes
3. An involuntary muscle contraction from excess sensory input
4. An evaluation of something that helps form professional judgments
5. A nongliding massage technique

6. Signs and symptoms of inflammation can be recalled by this acronym

7. The manner in which a person moves on foot

9. Collective term used to describe sensations of tingling, prickling, burning, pins-and-needles, itching and numbness, in addition to pain
11. An unpleasant sensory and emotional experience associated with actual or potential tissue damage