

Name: _____ Date: _____

Cognitive Distortions

- 1. ERONEIZGVRILEAGN _____
- 2. MGAIBNL _____
- 3. ALL RO GHIOTNN INHGKINT _____
- 4. NZIRITTPCGAASOH _____
- 5. OIFNAIANIGTMC _____
- 6. GJNUMPI OT NCOCULSONSI _____
- 7. LEOAMTION RANGONIES _____
- 8. EBLIGALN _____
- 9. TMLNAE TELRFI _____
- 10. ACIAMLG HKGTNINI _____
- 11. DIUISNOGNTC TEH PEITVSO _____
- 12. HSDOUL ETNSTTSMEA _____