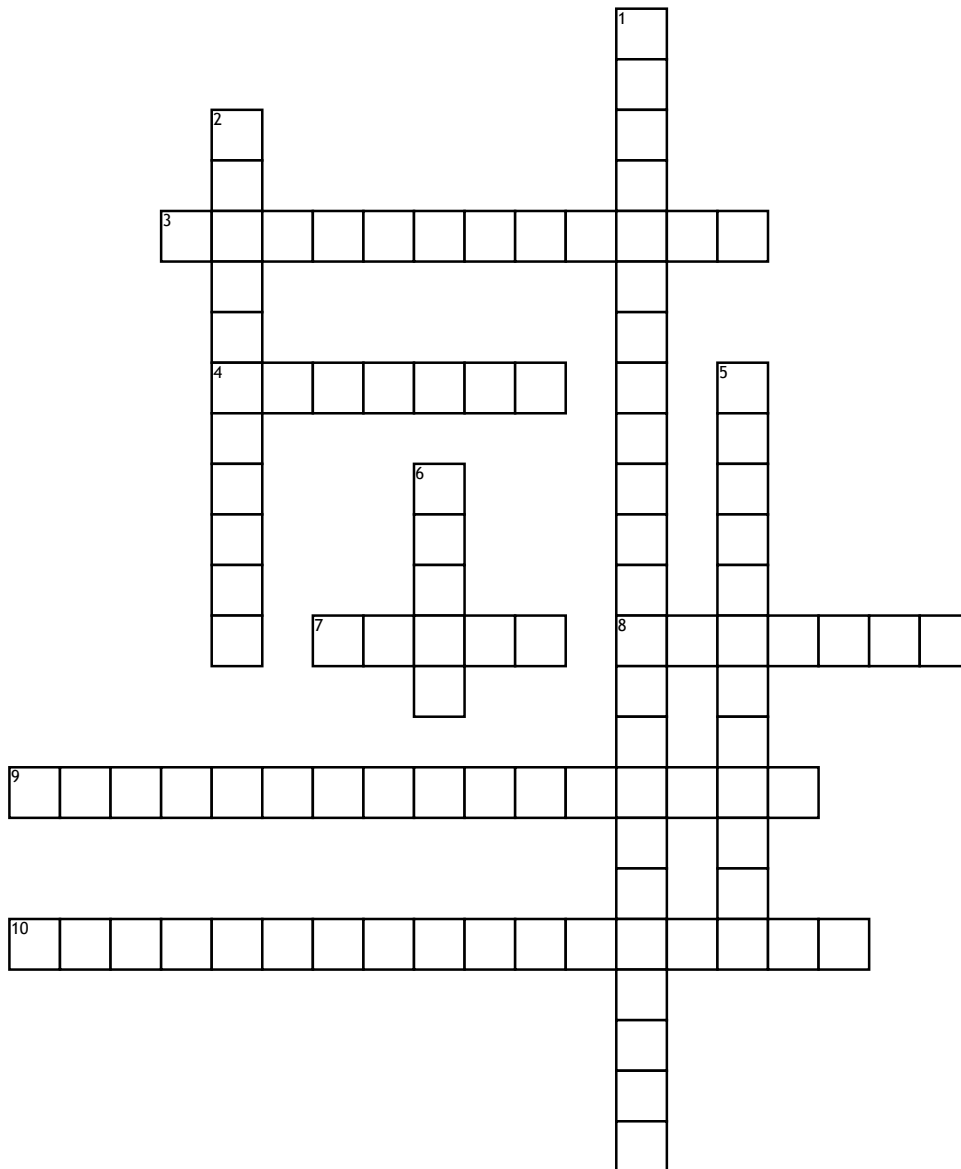


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Components of Fitness



## Across

- 3. starting gun
- 4. gymnast
- 7. Sprinter
- 8. dodgeball
- 9. weightlifter
- 10. rower

## Down

- 1. marathon runner
- 2. Yoga
- 5. Juggler
- 6. rugby - scrum