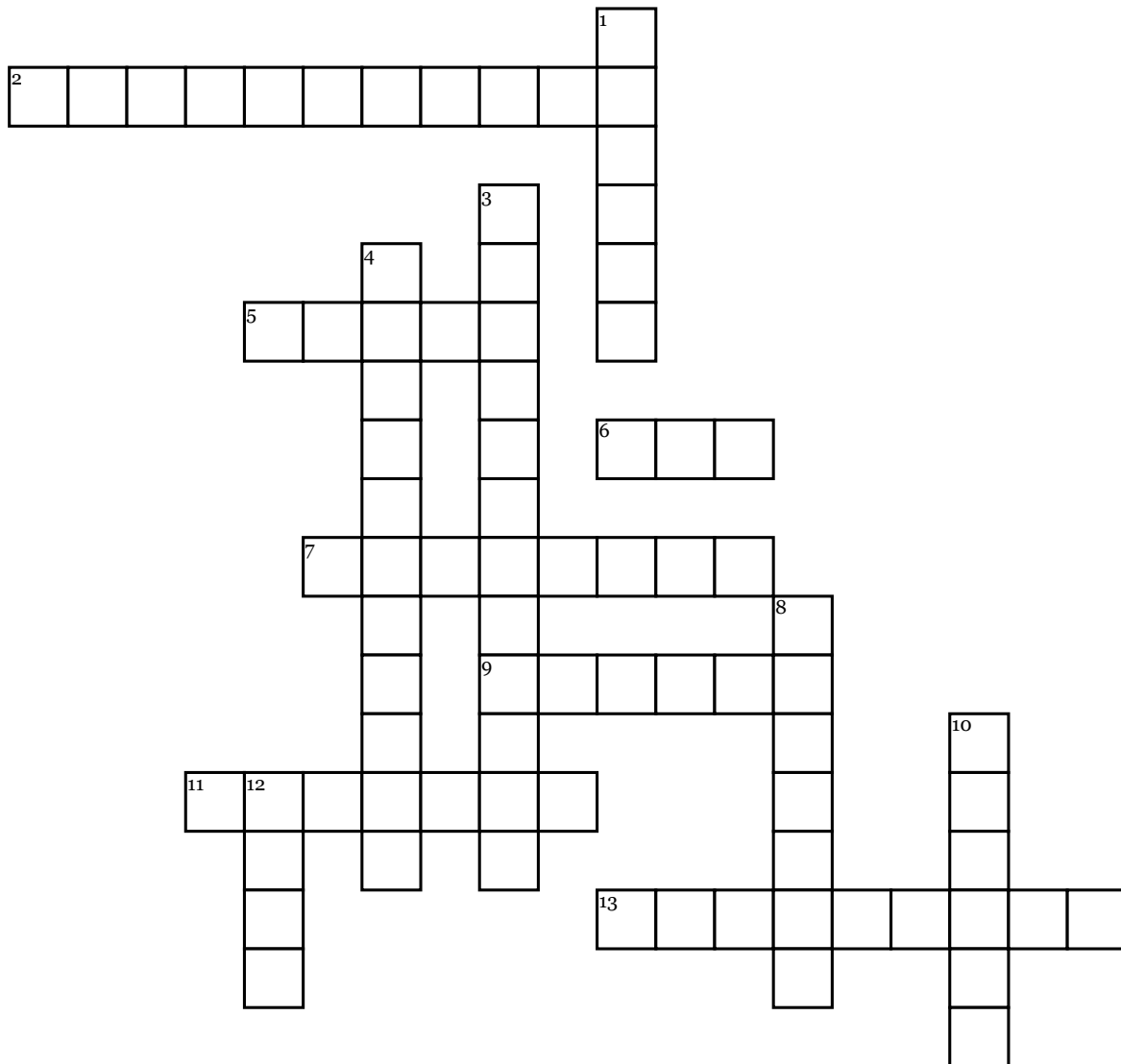


Congestive Heart Failure(C.H.F) Teaching Project



Across

- 2.** In conjunction with genetics, _____ plays a role in risk for heart disease.
- 5.** Getting enough _____ at night reduces your risk for developing congestive heart failure.
- 6.** What percent of adults have C.H.F?
- 7.** _____ physical activity is good for the heart.

9. What mineral is limited in a cardiac diet?

11. What beverage should be avoided?

13. Refers to a group of people who share a geographic area, religion, culture, or language?

Down

1. Most nursing interventions relieve what from a patient on the cardiac floor?

3. CHF patients have what kind of blood pressure?

4. How do we monitor cardiac rhythm on patients?

8. Stop _____! It is the most important step you can take to protect your heart.

10. What mineral predisposes many African Americans to heart disease?

12. Which side of the heart supply's the systemic circuit?