

Connect Fit

J M N K S P C R R M F G U H R Y P W Y C Z P X O
I J J P C T F G V K O L O Y H S T P O C N K V Q
H R P C M S R R S S I L B G E G I K U R U K W P
W T F V T U Q E S W E A T E Q G S U P Q K J P Q
H D I E S H T G T J W R A E N E F B D Q B O G P
L K Z L A D G A X C Z W R G L J A Z M O T M U N
I N I E C A O Q U J H G P Y O Z S G H S U U B T
W P U V Q N R H C M M C N R T A X I V S D A E J
J Z V E P C K O B W Y Q W S C P M S C K L M E E
W S Z R G E C D C M W C L Q X A F L H A D Y T Z
T T S O G F X A P I L J R T A K E M N I Y A T I
L Z Z I H V R I N H E P I G H P V C W C M D X M
Q G R D H L I I U H T Z M I S C E M U C S M X B
C R N R T E I X L C N T Q M M J H E Z T H I E C
L K P A X M G S A W C E M G I F U Y H N G W V Y
R S X C J S B J O P T R L G L R T G D I A L A M
E X F F T E G D U U I O C L E I I F S R K S F W
W D Z I V Y L R V K B C C O T E T V M H A V V U
Y B T X T O Q X W I Q R F U W N A U D M L T T F
X H D O O N N E T H P U G M Q D P W G C W J E I
R M P C B Z E H H V Q H N J W S T B P D U N U C
I I B V I L Z S Z N C A Z W S C P B K W V V S N
M G E P J G E T S H P Y V V G R A P E V I N E K
L I T L Z S G T H C D I K L V I A N Q P R O Q R

grapevine
stretch
fitness
revele
smile

cooldown
shimmey
balance
muscle
dance

workout
hydrate
yesmel
cardio
core

weights
friends
warmup
sweat