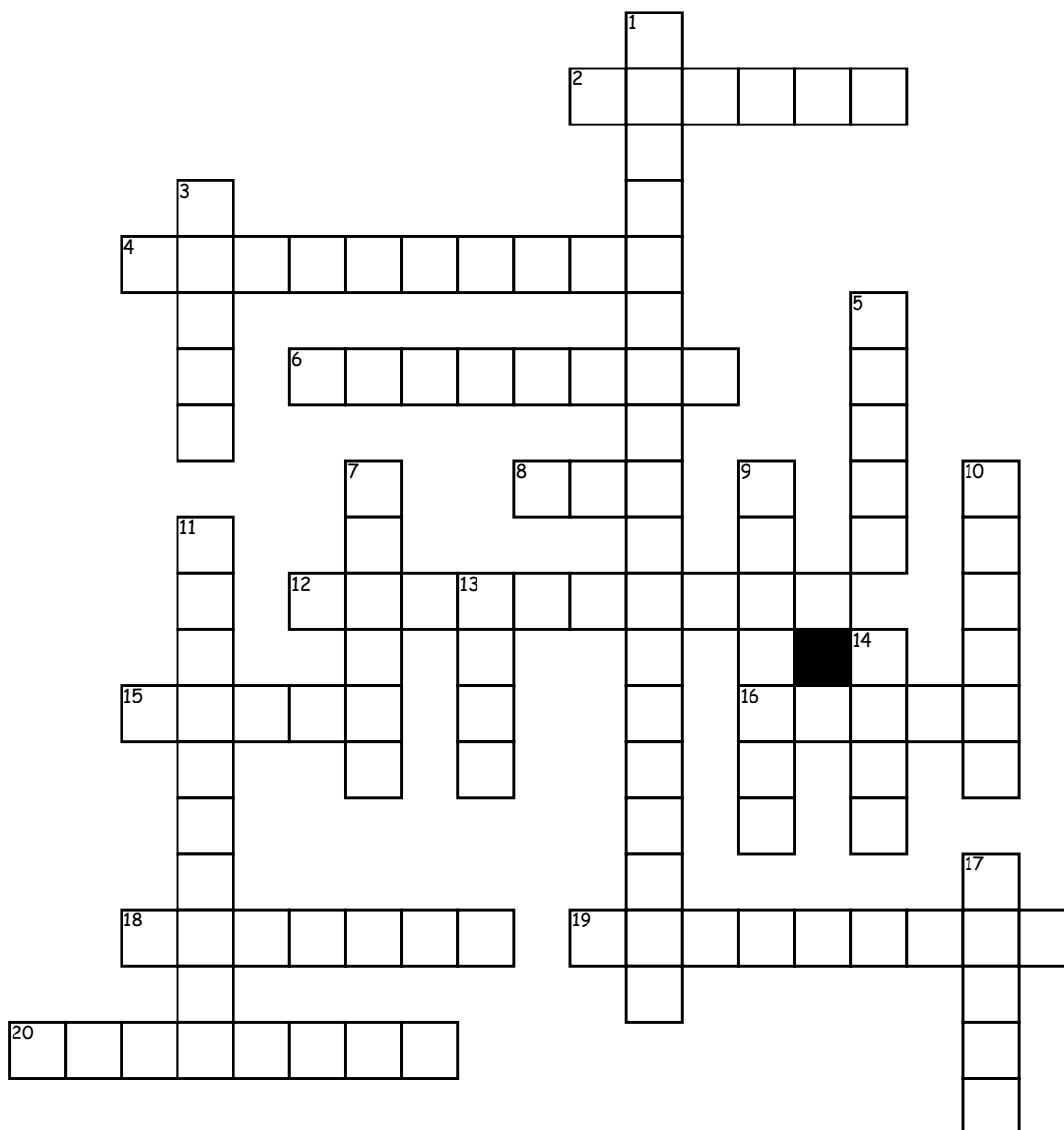


Name: _____ Date: _____ Period: _____

Cooking 1



Across

2. Meats should defrost in the
 4. 50% of your plate should be
 6. Say this at the dinner table
 8. Wash Dishes with _____ water and soap
 12. You can use vinegar and milk to make this
 15. Be Careful with this
 16. When taking a lady to dinner you should pull out her

18. Clean the work tables with
 19. You should not do this in the kitchen
 20. Bring what to class everyday

Down

1. Dripping food into other foods
 3. Makes bread rise
 5. Don't chew with this open
 7. Glues bread together
 9. A serving of ice cream is a

10. Don't cut _____ you
 11. Protein should be what percent of your plate
 13. Eating with you family provides a good time to
 14. What you should do to your fruit and vegetables before you eat
 17. Wash these before you cook