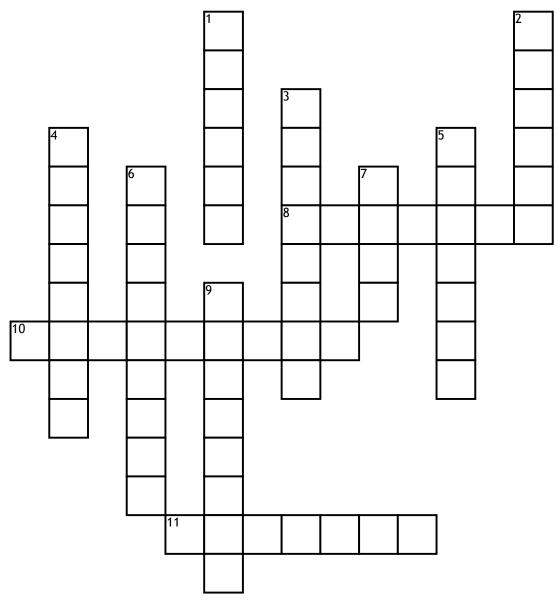
## **Cooking Methods**



## **Across**

- **8.** Long, slow method of simmering food in a small amount of liquid
- **10.** Not true boiling because food is cooked at the lower temperature of 85 degrees
- **11.** What direction should the handle face when using the stove?

## Down

- **1.** Cooking food by total or part emersion in fat or oil
- **2.** Cooking of food in an oven without the addition of fat or oil

- **3.** Cooking of food in an oven using a minimum amount of fat or oil
- **4.** Method of cooking delicate foods in liquid at temperature just below simmering point
- **5.** Method of cooking by complete immersion of food in water or stock at 100°C
- **6.** What are worn to remove food from the oven
- **7.** Type of Frying; pan and ......
- **9.** Fast, dry method of cooking that uses intense heat