## Date:

$\qquad$

## Cooking Terms



## Across

2. The process of letting meat rest after being cooked.
3. Is a type of moist heat techique that involves cooking by submerging food in a liquid such as water or milk.
4. Food is cooked in hot liquid kept just below boiling point.
5. Is the partial boiling of food as the first step of cooking.
6. A cooking method that uses dry heat where hot air envelopes the food.
7. Is cooked food usually vegetables that have been pressed down and blended.
8. Cooking techique used to coat wet or moist food with dry ingredients.
9. Substance used as a decoration or accompanying a prepared food dish
10. A process that involves the soaking, washig or injecting food with a solution used to pickle or perserve food.
11. Is a french cut that cuts mostly vegetables into long thin strips.
12. Pasta that is cooked to be firm to the bite.

13. Is a coating of a glossy, often sweet, sometimes savoury substance that applied with a brush.
14. Is the gentle heating of vegetables in a little oil or butter with frequent stirring.
15. Process of soakig food in seasoned liquid before cooking.
16. Methode of gently mixing ingredients
17. Is a techique in which cooking at a high tempeture until a caraml crust forms
18. Technique of dressing a hot pan with high-proof liquor such as brady.
19. To cook over boiling water in a covered pot with the food inside and a lid on top.

## Down

1. Cutting food into small pieces and stirring constantly i a lightly oiled wok.
2. Is a mixture of two liquids that would ordinarly not mix together
3. To beat food repidly with a whisk to incorporante air 7. Technique that involves cooking meat with its own juices.
4. To cook food in a oven surrounded with dry heat.
5. Cookig method that uses both dry and wet heat.
6. The process of removing imparities from a liquid such as melted butter, meat stock or vegetable stock.
7. Is a cooking technique for removing and dissolving brown food.
8. Where the food is scalede in boiling water removed and pluged into ice.
9. To cut or tear into long narrow strips either by hand or with a grater.
10. A mixture of meat, vegetables, herbs, spices, and liquid cooked together at a low tempeture.
11. Exposing food to direct radiant heat either o a grill or electric coil.
12. Is to cook food quickly ina minimum amoue of fat over relatively high heat.
13. Cutting vegetables into cubes of specific sizes while chopping.
14. To cook in a pan or on a griddle over direct heat usually in fat or oil.
15. To combine to or more ingredients together.
