

Name: _____

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Coping Power Word Search

D J N E Q G T G J O S C V U O W Z U J Z H S T F
M Y O R N E S I Y M N A A J L T H Q D I D U H N
B Z I E S T V U A X V Z R I A G A F Z N B R G V
W U T L C W I R Z W H A R O D B M E E G W E Y S
F P A A U H T H E L P F U L V C E I M C L H E X
G A S X E V D A I L C F B E T Y R C V B H E V W
M F I A K A U X I C P E P J V F E D U N R V I G
G W N T S Y O A G N J A A K C X P I X O A S T B
W H A I N K W T G W K R K I O A D M L I N S C O
C D G O T O R I W B S D V B P C C B G T W E E U
P H R N S H I H D B O S B K I W E T E N O N P P
J C O X N N T T M R Q U E Y N R D R G E G I S J
E B B R L S O D C E J T F N G Q U K P T F P R I
N F L U H Y O U F A S K W H L S Y B L N Z P E W
X P S L A O G R J H R B A Q N U W E R I C A P H
U I H W K V F E L O Q T V U N R F W E I V H C M
T S S S P U H B N M P H S P Y M W D G Z U J B N
P U N V A C C I D E N T O I H C I U N M U E W C
K S V Y A J P W Q W R Q M Y D L Z F A I Q R D E
S P X K I N D N E S S B F S G G C R C W M S U H
Y H U L P C Q E B K D C Q J I H B Z K Z N Z Z B
S K P H T E P D M L H A G T O R S A X F Q B L N
E F H R Z I P U A I U U E T H E R M O M E T E R
N L I W D P J O S C H J X Y M E V I J T T S C X

Organisation
Perspective
Kindness
Coping
Goals

Mindfulness
Relaxation
Accident
Unsure
Fear

Thermometer
Happiness
Friends
SMART

Distraction
Intention
Helpful
Anger