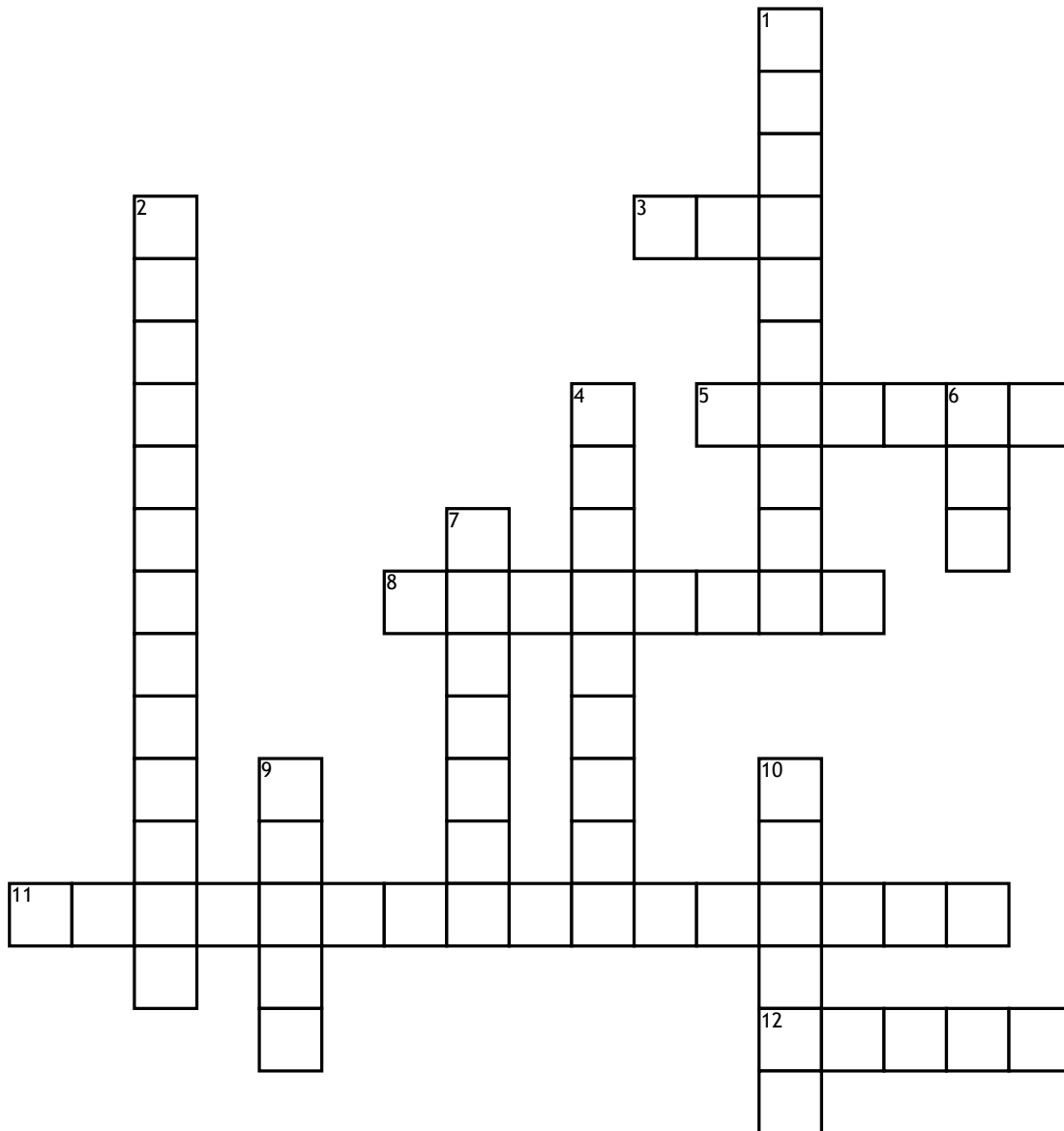


Coping with loneliness during isolation



Across

- 3. Not at ease
- 5. One of the effects of loneliness during COVID-19
- 8. Unable to think clearly
- 11. What is loneliness?

12. Liked and Cared about

Down

- 1. One of the ways to cope with loneliness (2words)
- 2. Isolation has an impact a key element of Mental Health

4. Feeling able to do something

- 6. Upset or unhappy
- 7. Brave
- 9. Feeling pressure for doing well
- 10. feeling alone and that nobody cares